

FRESH START

A 21-DAY JOURNEY WITH GOD

NICK NEWMAN

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*To God, the author of my
fresh start.*

TABLE OF CONTENTS

Introduction	1
Week 1: Make it Personal	11
Day 1	18
Day 2	22
Day 3	26
Day 4	30
Day 5	34
Day 6	38
Day 7	42
Invitation to Deeper Waters.	47
Week 2: Make it Practical	53
Day 8	60
Day 9	66
Day 10	72
Day 11	78
Day 12	84
Day 13	90
Day 14	96
Week 3: Make it Purposeful	103
Day 15	110
Day 16	116
Day 17	122
Day 18	128
Day 19	134
Day 20	140
Day 21	146
Conclusion	153

INTRODUCTION

WE ALL NEED A FRESH START

Have you ever felt stuck? Maybe you've found yourself on autopilot—moving through life but not truly experiencing living. Perhaps you've had seasons where you're simply going through the motions—unsure of how to reset or even where to begin. The truth is, every one of us has been there. At one time or another, we've all longed for a fresh start. The good news is that God is in the business of giving us just that! It's easy to fall into the rhythm of day-to-day life and forget that Jesus promised us that He would not only pay for our sins, but also give us abundant life (John 10:10). The Bible is full of stories of people just like us. People who needed a reset, a clean slate, a do-over. God in His love and mercy, always met them where they were and gave them what they needed to step into their

next season and He does the same for us.

We see this in the life of Abraham, who was called out of his homeland to walk by faith into the unknown (Genesis 12) . We see it in the story of Moses, who needed a new beginning after fleeing Egypt (Exodus 3). David, a man after God's own heart, experienced fresh starts after his failures (Psalm 51). Even Peter, after denying Jesus three times, was given a new beginning—a fresh commission to feed God's sheep (John 21). The Bible is full of new beginnings because our God is a God of grace, mercy, and transformation. He doesn't define us by our past, but calls us into a future filled with hope and purpose.

But here's something important: a fresh start doesn't happen by accident. It's something we must be intentional about. It's a journey we take with God. And like any journey, it requires us to take the first step. This 21-day journey is an invitation to take that step—to make your faith personal, practical, and purposeful.

THE HEART OF A FRESH START

The phrase “fresh start” might evoke different thoughts for different people. For some, it's the idea of wiping the slate clean after a failure or mistake. For others, it's about launching into a new season of life. Perhaps after a big change like a job move, the birth of a child, or even a spiritual awakening. But no matter where you find yourself

today, there's a biblical truth that grounds all of our fresh starts: God is always doing something new.

Isaiah 43:19 says, "See, I am doing a new thing! Now it springs up; do you not perceive it?"

A fresh start is about stepping into the new thing God is doing in your life, not just fixing what is broken. It's about aligning your heart, your habits, and your hope with His purpose. It's about embracing the truth that His mercies are new every morning—that today, you can begin again in Christ.

This journey is for anyone who's ready to move beyond where they are and step into what God has next. Whether you've walked with Jesus for decades or you're just getting started in your faith, there's always an invitation to go deeper, to grow stronger, and to walk closer with God.

WHY 21 DAYS?

The goal of this journey is not just to inspire you for three weeks and then leave you on your own. Instead, these 21 days are designed to set a new rhythm in your life—one where you regularly encounter God, lean into His Word, and walk in step with the Spirit. By making intentional choices over the next three weeks, you'll be cultivating habits that will help you live out your faith long after this journey is over.

A fresh start isn't just about what happens in your

heart, but also in how you live. It's a transformation that touches every area of your life—your prayer life, your relationships, your work, and even your rest. This journey is about making your faith not just a belief, but a way of life. It's about allowing God to renew your mind, shift your perspective, and anchor you in His truth. Below, you will find an overview of what our 21-day journey looks like.

START DEVOTIONAL: A DAILY GUIDE TO GROWTH

Each day, you'll be guided through a devotional that follows the START acronym. This structure is designed to help you engage with God's Word, reflect on its truth, and take actionable steps to live it out. Here's what each part of START means:

Scripture: Each devotional begins with a verse or passage of Scripture to anchor your focus for the day. God's Word is alive and active, and this is where the foundation of your growth begins.

Truth: A single, memorable statement that encapsulates the key lesson of the day. Think of this as your “sticky statement”—a truth to carry with you and meditate on throughout the day.

Application: This is where the message meets your life. Through a reflective question, you'll explore how to apply the day's truth in practical ways.

Response: Faith isn't just about hearing—it's about doing. The response section challenges you to take a tangible action step to live out what you've learned.

Tell: The gospel isn't meant to stop with you. This final prompt encourages you to share what God is teaching you with someone else, whether through a conversation, a testimony, or an encouraging word.

By engaging with START, you'll develop a rhythm of seeking God daily, reflecting on His truth, and putting it into practice in ways that impact both your life and the lives of those around you.

WEEK 1: MAKE IT PERSONAL

In the first week of this journey, we're going to focus on making your faith personal. What does making your faith personal mean? It means moving from a head knowledge of God to a heart-level relationship with Him. You'll explore the significance of Jesus tearing the veil, be reminded of the fresh mercies He gives every day, and learn the

importance of casting your cares upon Him.

This week is about knowing God as your Promise Keeper, Provider, and Anchor of Hope. It's about finding true rest in Him—something we all desperately need. A personal faith is one that acknowledges that God is not distant, but present. Not detached, but involved in the details of your life.

AN INVITATION TO DIVE DEEPER

Seven days into our journey together, you will be given an invitation into deeper waters. This journey isn't just about information, it's about transformation. Luke 5:4 tells the story of Jesus calling His disciple Simon Peter to “put out into deep water, and let down the nets for a catch.” I believe this is an invitation for us as well: to not settle for where we are when we could go somewhere even better with God. Sometimes, we need to step out of the shallow end and trust God to take us deeper. As you walk through these 21 days, I will extend an invitation to you to go into deeper waters with God. It may feel uncomfortable at first, but it's in the deep places that we experience the fullness of God's grace and power. You don't have to accept the invitation but trust me: You were made for more than sitting in shallow waters.

GOING DEEPER

As you progress into Weeks 2 and 3, you'll notice an additional feature at the end of each day—**Going Deeper**. These sections are designed to take you beyond the devotional and into a space of intentional reflection, action, and study. They serve as an invitation to move from simply reading about God's truth to experiencing it in deeper and more transformative ways. Each Going Deeper section includes two parts:

A Practical Activity: These activities are tailored to the day's topic, offering you a hands-on way to engage with the message. Whether it's journaling, prayer, or a specific action step, these exercises are meant to help you internalize what you're learning and apply it to your life in meaningful ways.

Additional Scriptures to Read: To help you explore the day's theme further, each Going Deeper section includes three additional passages of Scripture. These verses are a starting point for deeper study, inviting you to spend time in God's Word and let His truth take root in your heart. You will notice that some verses repeat, this is to help you with memorization of scripture.

Going Deeper is for those who want to go beyond the surface and embrace the challenge of deeper waters. It's

an opportunity to stretch your faith, build new habits, and discover the richness of a life fully surrendered to God.

WEEK 2: MAKE IT PRACTICAL

In the second week, we'll dive into what it means to make your faith practical. It's easy to think of faith as something we experience only on Sundays or in a quiet time with God. But God calls us to live out our faith every day, in every aspect of life. This week will help you develop a bold prayer life, rooted in devotion and dependent on God.

You'll be challenged to share your faith, knowing that everything you have belongs to God. You'll learn to lay down what holds you back and find strength in quiet moments with Him. This is about building practical rhythms—like prayer, rest, and stewardship—that help you live your faith in tangible ways.

WEEK 3: MAKE IT PURPOSEFUL

Finally, in the third week, we'll focus on making your faith purposeful. God has a reason for everything He does, and you are part of His plan. You are not here by accident and your life is meant to reflect His glory. This week will help you discover your “why”—the purpose God

has for your life—and show you how to connect with the larger Body of Christ.

You'll be encouraged to see the world through Jesus' eyes—that the fields are ripe for harvest, and that God has placed you exactly where you are to make an impact. Whether it's in your home, your workplace, or your community: You have a role to play in God's mission. And even when things don't go as planned, you'll learn that nothing is wasted in God's hands. After all He is the Lord of the Sabbath; the One who gives purpose to our work and rest alike.

So, here's my challenge to you: Don't just skim the surface during these 21 days. Dive in. Be open to what God wants to do in your life. Ask Him to reveal more of Himself to you and remember, this is not the finish line. It's a fresh start—a new beginning with God—that will continue long after this journey ends.

Are you ready for a fresh start? Let's take our first step together.

WEEK 1

MAKE IT PERSONAL

Have you ever heard the phrase, “Jesus died for the sins of the world,” and felt a bit distant from that reality? It’s one of the most commonly quoted truths of Christianity, but sometimes it can feel more like a blanket statement than a personal revelation. Yes, Jesus died for the world, but it’s easy to forget that **you** are part of that story. He didn’t just die for a faceless crowd—He died for **you**. And when you really let that truth sink in, it changes everything.

One of the most significant shifts in your walk with God happens when you stop thinking of your faith as something general and start seeing it as deeply personal. The power of the gospel isn’t just that it’s good news for the world; it’s good news for **you**. It’s in that moment when

you realize that the Creator of the universe knows **your** name, cares about **your** struggles, and died specifically to restore **you** to Himself.

This week, we're going to focus on making your relationship with God personal. Why? Because when faith becomes personal, it becomes transformational. Understanding that **Jesus did it for you**—not just the world in general—opens the door to a deeper, more intimate walk with God.

THE DANGER OF A DISTANT FAITH

There's a danger in keeping your faith at a distance. Many of us, whether consciously or not, settle for a relationship with God that feels impersonal. We might attend church, say our prayers, read the Bible and even serve in ministry, but all of it can feel like duty rather than relationship. Why? Because it hasn't become **personal**.

When your faith is distant, God can seem like an abstract idea—someone you acknowledge but don't really connect with. You may believe in Him, but feel like He is far off or disinterested in the details of your life. It's easy to believe that God loves the world, but it is hard to accept that He loves you specifically, unconditionally, and intimately. And when you believe that God is just for the world, you miss out on the heart of what it means to be in relationship with God.

The Bible speaks directly to this struggle. In Psalm 139:1-3, David declares, “You have searched me, Lord, and You know me. You know when I sit and when I rise; You perceive my thoughts from afar. You discern my going out and my lying down; You are familiar with all my ways.” God isn’t distant—He knows every detail about you. He’s not just a cosmic force governing the universe; He is a personal God, who is deeply involved in your life.

When you realize that God is personal, everything changes. Your prayers shift from being robotic words to real conversations. Your worship moves from obligation to adoration. And your daily walk becomes less about checking off religious boxes and more about living in constant communion with your Savior.

WHY MAKING IT PERSONAL MATTERS

So, why does it matter that you make your faith personal? Because the gospel is not just a truth to be believed—it’s a relationship to be experienced. Here are three reasons why personalizing your faith is so crucial.

1. It’s the Foundation of True Transformation

True transformation happens when the gospel moves from your head to your heart. It’s one thing to know that God exists, but it’s another thing entirely to know that He

is **your** God, that He cares about **you** personally. Romans 8:16 says, “The Spirit Himself testifies with our spirit that we are God’s children.” You’re not just a part of the crowd—you’re a beloved child of God. And as you grow in that understanding your life will begin to change in ways you never thought possible.

When you see yourself as a child of God—known, loved, and pursued by Him—you start to view your life through a different lens. Your identity is no longer wrapped up in what you do, how you perform, or what others think of you. Instead, it’s rooted in the unshakable truth that you belong to God, and He delights in you. That’s where real transformation begins.

2. It Draws You into Intimacy with God

God doesn’t want to be a distant deity in your life—He wants to walk with you, speak to you, and be involved in the details of your day-to-day life. When you realize that God is personal, you start to invite Him into the ordinary moments of your life. You start to talk to Him throughout the day—not just in formal prayer times. You start to look for His fingerprints in your circumstances, and you start to expect Him to show up in unexpected ways.

In John 10:14-15, Jesus says, “I am the good shepherd; I know My sheep and My sheep know Me—just as the Father knows Me and I know the Father.” Think about that for a moment. Jesus isn’t just aware of you—He **knows** you! And it’s in the same way that He knows the Father. That’s

the kind of intimate relationship He wants to have with you. And when you start to know Him in return—when you listen for His voice, seek His presence, and depend on His guidance—you enter into the fullness of life that Jesus promised you.

3. It Makes Your Faith Resilient

When your faith is personal, it becomes resilient. Life will inevitably bring challenges, disappointments, and pain. But when you know that God is with you personally—when you’ve experienced His presence in the middle of the storm—you have an anchor for your soul. You don’t just know about God, you **know** God, and that relationship sustains you through the hardest seasons of life.

Think about Paul’s words in Philippians 4:12-13: “I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation...I can do all this through Him who gives me strength.” Paul’s confidence didn’t come from his circumstances, it came from his personal relationship with Jesus. That kind of faith—rooted in personal intimacy with God—can weather any storm.

GOD’S LOVE FOR YOU IS PERSONAL

The heart of making faith personal is founded on this

truth: **God's love for you is personal.** It's not vague, it's not distant, and it's not based on your performance. It's grounded in His unchanging character and demonstrated through his sacrifice on the cross.

In Ephesians 3:18-19, Paul prays that believers “may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.” You notice that Paul wants them not just to believe in God's love but to **know** it, to experience it personally, to be filled with it, and to let it shape every part of their lives.

The same is true for you. God's love for you isn't abstract; it's real, it's present, and it's personal. He knows your weaknesses, your fears, your insecurities, and your failures, and even so He loves you just the same. In fact it's in your weakness that His love shines the brightest. Romans 5:8 says, “But God demonstrates His own love for us in this: While we were still sinners, Christ died for us.” He didn't wait for us to clean up our act or prove our worth—He loved you and gave Himself for you even at your worst.

MOVING FROM RELIGION TO RELATIONSHIP

Finally, making your faith personal is about moving from religion to a relationship with God. Religion says: “Do this to please God.” Relationship says: “God loves you, so come close to Him.” Religion creates distance, but relationship draws you near. Jesus didn’t die so you could follow a set of rules—He died so you could be in a relationship with Him.

In Revelation 3:20, Jesus says, “Here I am! I stand at the door and knock. If anyone hears My voice and opens the door, I will come in and eat with that person, and they with Me.” This is a picture of intimacy—Jesus wants to sit with you, talk with you, and be a part of your life in a personal way.

MAKE IT PERSONAL

This week, I want to challenge you to make your faith personal. Don’t settle for knowing about God—get to know Him personally. Invite Him into the details of your life. Talk to Him throughout your day. Recognize that the gospel isn’t just a story for the world—it’s a story for **you**. Jesus died for **you**, and He wants to walk with **you** every day. When your faith becomes personal, it becomes transformational, and that’s the kind of faith God desires for you.

DAY 1

THE VEIL IS TORN

Imagine standing outside a massive, beautiful building, knowing that everything inside holds treasures beyond your imagination—treasures that are meant to give you peace, joy, and the assurance of being loved. But there's a problem: there's a thick curtain separating you from entering, a barrier that you cannot cross.

In the Old Testament, the temple was the place where God's presence dwelled, but access to that presence was restricted. Only the high priest could enter the Most Holy Place (the area behind the veil) and even then, only once a year. The veil was a physical symbol of the spiritual separation between a holy God and a sinful humanity. It was a reminder that sin kept us distant from the intimate relationship God desired to have with us. This is what the

veil in the temple was like—a separation between God and humanity.

But everything changed when Jesus died on the cross. In that profound moment, something miraculous happened: the veil in the temple was torn from top to bottom (Matthew 27:51). The thick, imposing barrier that had stood for centuries was suddenly ripped apart, not by human hands, but by God Himself. The message was clear: The separation was over. Jesus' sacrifice had made a way for you and I to enter into a relationship with God. The relationship that was once reserved for a select few is now available to all including you and me.

Today is about recognizing the incredible gift you have because the veil was torn. Jesus made a way for you to enter God's presence freely and without fear. The invitation is open; you don't have to stand on the outside anymore. You can come close, not because you're perfect, but because Jesus is. Today, you are invited to draw near to God with confidence, knowing that the barrier has been removed and that you are fully welcomed into His presence.

START DEVOTIONAL

SCRIPTURE

“THEREFORE, BROTHERS AND SISTERS, SINCE WE HAVE CONFIDENCE TO ENTER THE MOST HOLY PLACE BY THE BLOOD OF JESUS, BY A NEW AND LIVING WAY OPENED FOR US THROUGH THE CURTAIN, THAT IS, HIS BODY.” - HEBREWS 10:19-20

TRUTH

BECAUSE OF JESUS, I AM NO LONGER SEPARATED FROM GOD.

APPLICATION

WHAT IS ONE AREA OF YOUR LIFE WHERE YOU HAVE FELT DISTANT FROM GOD, AND HOW DOES KNOWING THAT JESUS TORE THE VEIL CHANGE THAT?

RESPONSE

NOW THAT YOU KNOW THE BARRIER HAS BEEN REMOVED, WHAT IS ONE STEP YOU CAN TAKE TODAY TO DRAW CLOSER TO GOD?

TELL

SHARE WITH A FRIEND OR LOVED ONE HOW JESUS HAS MADE A WAY FOR YOU TO EXPERIENCE A PERSONAL RELATIONSHIP WITH GOD-FREE FROM FEAR AND SEPARATION.

DAY 2

NEW MERCIES

Have you ever woken up after a rough day feeling like you're still carrying yesterday's burdens? Maybe you've experienced the sting of a mistake you made, a regret you're struggling to shake, or a disappointment that's hanging over you like a cloud? It's easy to wake up and feel the weight of yesterday's failures and frustrations. But God offers something extraordinary, something that resets your life each and every morning: His new mercies.

The Bible tells us that God's mercies are new **every morning** (Lamentations 3:22-23). That means that no matter what happened yesterday, today is a fresh start. God's mercies aren't a limited resource, rationed out based on how well you performed or how few mistakes you made. They are lavish, overflowing, and renewed each

day, regardless of what came before. Every morning God's heart towards you is full of grace, full of compassion, and full of love.

In a world that often demands perfection, God's mercies are a radical invitation to begin again. It's a reminder that your past doesn't define you, that mistakes don't have the final word, and that you are not trapped by what you did or didn't do yesterday. God's mercies are a daily gift that wipe the slate clean and call you to step into the day with hope and confidence, knowing that you are deeply loved and fully accepted by Him.

Today's focus is on embracing the reality that God's mercies are new for you right now. It's not just a nice idea; it's a truth that can change the way you live. When you wake up knowing that God's mercies are waiting for you, you are free to move forward without shame or fear. You don't have to hide from God or run away from your mistakes. You can come to Him as you are, knowing that He is ready to embrace you with open arms. This is the power of God's mercies.

START DEVOTIONAL

SCRIPTURE

“BECAUSE OF THE LORD’S GREAT LOVE WE ARE NOT CONSUMED, FOR HIS COMPASSIONS NEVER FAIL. THEY ARE NEW EVERY MORNING; GREAT IS YOUR FAITHFULNESS.” - LAMENTATIONS 3:22-23

TRUTH

GOD’S MERCIES ARE NEW FOR ME TODAY.

APPLICATION

WHAT IS ONE REGRET OR MISTAKE FROM YESTERDAY THAT YOU NEED TO LET GO OF KNOWING THAT GOD’S MERCIES ARE NEW TODAY?

RESPONSE

WHAT PRACTICAL STEP CAN YOU TAKE TODAY TO RECEIVE GOD'S MERCIES FOR YOURSELF AND LIVE WITH A FRESH SENSE OF FREEDOM FROM YESTERDAY'S REGRETS?

TELL

TELL A FRIEND OR FAMILY MEMBER HOW GOD'S NEW MERCIES HAVE IMPACTED YOUR LIFE AND ENCOURAGE THEM TO EMBRACE A FRESH START WITH GOD'S GRACE TODAY.

DAY 3

CASTING CARES

Stress, worry, and anxiety are emotions that every one of us faces at different times in life. Whether it's the weight of a difficult decision, the uncertainty of the future, or the burden of responsibilities—the cares of life have a way of piling up, leaving us feeling overwhelmed and exhausted. And yet, God never intended for you to carry those burdens alone.

In His Word, God invites you to do something radical: to cast your cares upon Him. Imagine for a moment what that looks like. The word “cast” is strong. It's not a gentle, hesitant action—it's an intentional and forceful throwing off of whatever is weighing you down. When Jesus invites you to cast your cares on Him, He's asking you to trust Him enough to release control, to let go of the anxiety

that grips your heart, and to believe that He is more than capable of carrying what you can't. It's not about simply managing your stress or pretending that your problems don't exist. It's about taking the very things that weigh you down and handing them over to the One who can handle them perfectly.

God cares about you. This isn't a distant, detached kind of care, but a deep, compassionate concern for every detail of your life. He knows what you're facing, and He cares about what you're going through. He is inviting you to get rid of your burdens, not because they aren't significant, but because He wants to carry them with you. When you cast your cares on Him, you are acknowledging that He is stronger, wiser, and more capable of handling them than you are.

Today is about recognizing that you don't have to carry the weight of life on your own. God is offering to take your burdens, and all He asks is that you come to Him and surrender them. It's a daily choice to surrender, to cast your cares, and to trust that He will give you the peace and strength you need.

START DEVOTIONAL

SCRIPTURE

"CAST ALL YOUR ANXIETY ON HIM BECAUSE HE CARES FOR YOU."

- 1 PETER 5:7

TRUTH

GOD CAN CARRY WHAT IS CRUSHING YOU.

APPLICATION

WHAT IS ONE WORRY OR BURDEN YOU'RE CURRENTLY CARRYING THAT YOU NEED TO CAST ONTO GOD TODAY?

RESPONSE

WHAT STEP CAN YOU TAKE RIGHT NOW TO RELEASE CONTROL AND TRUST GOD WITH THAT SPECIFIC WORRY OR SITUATION?

TELL

SHARE WITH SOMEONE HOW CASTING YOUR CARES ON GOD HAS CHANGED THE WAY YOU HANDLE STRESS AND ANXIETY. THEN ENCOURAGE THEM TO DO THE SAME.

DAY 4

PROMISE KEEPER

We all know what it's like to experience broken promises. Maybe it was someone who failed to follow through, a situation that didn't turn out as expected, or even a time when you broke a promise to yourself. The reality is that human promises often fall short. People fail, circumstances change, and disappointment can become all too familiar. In a world where promises are frequently broken, it can be hard to trust that anything—or anyone—is truly reliable.

But God is different. Unlike humans, **God is a Promise Keeper**. When He speaks, He always follows through. The Bible is filled with promises that God has made to His people, and not one of them has failed. His promises aren't dependent on our behavior, circumstances, or the

shifting tides of culture. They are anchored in His unchanging character and His faithfulness.

Consider this: God's promises are more than just comforting words, they are a rock-solid foundation upon which you can build your life. When God makes a promise, it's not a maybe or a hope—it's a certainty. He promises to be with you, to guide you, to provide for you, and to work all things together for your good. The greatest promise of all is His promise of salvation through Jesus Christ—a promise that He fulfilled in the most powerful way possible, by sending His Son to die for us.

Today is about remembering and standing on the promises of God. In moments of doubt, when the world feels shaky and unstable, God's promises are the anchor that holds you steady. He doesn't change His mind, and He doesn't forget His word. No matter what you face you can hold onto the truth that God is faithful to His promises. When you trust in the One who keeps His word, you will find a hope that cannot be shaken.

START DEVOTIONAL

SCRIPTURE

“FOR NO MATTER HOW MANY PROMISES GOD HAS MADE, THEY ARE ‘YES’ IN CHRIST. AND SO THROUGH HIM THE ‘AMEN’ IS SPOKEN BY US TO THE GLORY OF GOD.” – 2 CORINTHIANS 1:20

TRUTH

GOD IS A PROMISE KEEPER.

APPLICATION

WHAT IS ONE SPECIFIC PROMISE FROM GOD’S WORD THAT YOU NEED TO HOLD ONTO IN THIS SEASON OF YOUR LIFE?

RESPONSE

HOW CAN YOU ACTIVELY TRUST GOD'S PROMISE TODAY- EVEN IF YOUR CIRCUMSTANCES SEEM TO CONTRADICT IT?

TELL

SHARE WITH A FRIEND OR LOVED ONE A TIME WHEN GOD KEPT A PROMISE IN YOUR LIFE, AND THEN ENCOURAGE THEM TO TRUST IN HIS FAITHFULNESS.

DAY 5

MY PROVIDER

We live in a world that constantly tells us to look out for ourselves, to make sure we have enough, and to secure our own future. The pressure to provide—whether it’s for our families, our careers, or even our own sense of security—can be overwhelming. It’s easy to fall into the mindset that if we don’t have everything figured out, then everything will fall apart. But God’s Word tells a different story.

Throughout Scripture, God reveals Himself as **Jehovah Jireh**, the Lord will provide (Genesis 22:14). He is not distant or detached; He is actively involved in meeting our needs, both big and small. From providing manna in the wilderness for the Israelites, to multiplying a small boy’s lunch to feed thousands, God shows over and over again that He is the source of everything we need. His provision

is not limited to physical necessities—He provides comfort in times of sorrow, wisdom in moments of confusion, and peace in the midst of chaos.

Trusting God as your provider means acknowledging that He is the source of every good thing in your life. It's recognizing that He knows your needs before you even ask and that He cares about them. It's about shifting your perspective from striving to survive to trusting in His sufficiency. God's provision may not always come in the way you expect or even in the timing you hope for, but He promises that He will take care of you.

Today is an invitation to release the anxiety and worry that come with self-reliance and instead lean into the truth that God is your provider. He knows what you need, and He delights in taking care of His children. When you rely on Him as your provider, you experience the freedom of knowing that your future is secure in His hands—no matter what challenges you face.

START DEVOTIONAL

SCRIPTURE

"AND MY GOD WILL MEET ALL YOUR NEEDS ACCORDING TO THE RICHES OF HIS GLORY IN CHRIST JESUS." - PHILIPPIANS 4:19

TRUTH

GOD WILL ALWAYS PROVIDE.

APPLICATION

WHAT IS ONE NEED IN YOUR LIFE WHERE YOU NEED TO TRUST GOD TO BE YOUR PROVIDER?

RESPONSE

WHAT STEP CAN YOU TAKE TODAY TO RELEASE YOUR WORRY AND TRUST THAT GOD WILL MEET YOUR NEED IN HIS WAY AND TIMING?

TELL

SHARE A TESTIMONY OF HOW GOD HAS PROVIDED FOR YOU IN THE PAST WITH SOMEONE WHO MAY NEED ENCOURAGEMENT TO TRUST IN HIS PROVISION.

DAY 6

ANCHOR OF HOPE

Hope is a powerful word. It's what keeps us moving forward when times are tough, and it's the light that breaks through the darkest moments of our lives. But let's be honest, life has a way of challenging our hopes. Disappointments, unexpected difficulties, and seasons of uncertainty can leave us feeling like we're adrift in a stormy sea, struggling to find something solid to hold onto. That's why hope is more than just a nice feeling or a positive mindset—it has to be anchored in something secure.

The Bible describes Jesus as the **Anchor of Our Hope** (Hebrews 6:19). An anchor is what keeps a boat from drifting in rough waters, holding it steady when waves crash and winds blow. In the same way, Jesus is the one

who holds us steady in the storms of life. He is unchanging, reliable, and trustworthy—the solid rock on which we can depend no matter what circumstances we face. When your hope is anchored in Jesus, you have a firm foundation that won't be shaken by the shifting tides of life.

In Hebrews 6:19-20, we are told that our hope is “an anchor for the soul, firm and secure.” This isn't a shallow, temporary kind of hope; it's a deep, enduring trust in God's faithfulness and promises. It's the assurance that no matter what happens, God is still in control, and His plans for you are good. Hope anchored in Christ is not a vague wish for a better future—it's the confident expectation that God will do what He has said He will do.

Today is about remembering that your hope isn't based on circumstances, emotions, or the things of this world. It's anchored in Jesus, who is the same yesterday, today, and forever (Hebrews 13:8). When you hold onto Him, you're not just surviving the storms—you're standing firm in the midst of them, knowing that the One who holds you will never let you go.

START DEVOTIONAL

SCRIPTURE

WE HAVE THIS HOPE AS AN ANCHOR FOR THE SOUL, FIRM AND SECURE. IT ENTERS THE INNER SANCTUARY BEHIND THE CURTAIN, WHERE OUR FORERUNNER, JESUS, HAS ENTERED ON OUR BEHALF.”

- HEBREWS 6:19-20A

TRUTH

HOPE IN CHRIST IS MY ANCHOR THROUGH EVERY STORM.

APPLICATION

WHAT STORM OR CHALLENGE ARE YOU CURRENTLY FACING?
HOW CAN YOU ANCHOR YOUR HOPE IN JESUS INSTEAD OF YOUR
CIRCUMSTANCES?

RESPONSE

WHAT'S ONE PRACTICAL WAY YOU CAN REMIND YOURSELF OF GOD'S UNCHANGING PROMISES DURING A DIFFICULT TIME THIS WEEK?

TELL

SHARE WITH A FRIEND OR FAMILY MEMBER HOW JESUS HAS BEEN THE ANCHOR OF YOUR HOPE IN CHALLENGING TIMES, AND ENCOURAGE THEM TO TRUST IN HIM AS WELL.

DAY 7

RESTING IN HIM

Rest is a rare commodity in today's world. We live in a culture that values productivity, busyness, and constant activity. The pressure to achieve, to always be "on", and to keep up with the demands of life can leave us feeling weary and burned out. Many people have forgotten what true rest even feels like, confusing moments of distraction or entertainment with genuine refreshment for the soul. Yet in the midst of this restless world, Jesus offers something radically different—an invitation to rest.

When Jesus said in Matthew 11:28, "Come to Me, all you who are weary and burdened, and I will give you rest," He wasn't offering a quick fix or a temporary escape. He was inviting us into a deeper kind of rest—a rest that goes beyond physical relaxation and touches the core of our

being. This is the rest that comes from trusting Him fully, laying down our anxieties, our worries, and our need to be in control

Resting in God isn't about abandoning responsibility; it's about shifting the weight from our shoulders to His. It's about recognizing that we are not the source of our own strength, and we don't have to carry the burdens of life alone. God's rest is a place of surrender, where we trust that He is working even when we are not, where we trust that His grace is enough, and that He is faithful to meet our needs.

Today, you are invited to step away from the relentless pace of life and find true rest in Jesus. It's an invitation to cease striving and to let God be the source of your peace, your joy, and your security. This kind of rest is not passive—it's an active decision to trust God, to lean into His promises, and to believe that He is enough. When you choose to rest in Him, you discover a peace that the world cannot provide and a strength that renews you from the inside out.

START DEVOTIONAL

SCRIPTURE

“COME TO ME, ALL YOU WHO ARE WEARY AND BURDENED, AND I WILL GIVE YOU REST. TAKE MY YOKE UPON YOU AND LEARN FROM ME, FOR I AM GENTLE AND HUMBLE IN HEART, AND YOU WILL FIND REST FOR YOUR SOULS.” - MATTHEW 11:28-29

TRUTH

TRUE REST IS FOUND IN JESUS.

APPLICATION

WHAT IS ONE AREA OF YOUR LIFE WHERE YOU FEEL OVERWHELMED OR EXHAUSTED? HOW CAN YOU CHOOSE TO REST IN GOD’S PROMISES INSTEAD OF STRIVING IN YOUR OWN STRENGTH?

RESPONSE

WHAT SPECIFIC STEP CAN YOU TAKE THIS WEEK TO INTENTIONALLY
CREATE SPACE FOR GOD'S REST IN YOUR DAILY ROUTINE?

TELL

SHARE WITH SOMEONE HOW RESTING IN JESUS HAS BROUGHT YOU
PEACE, AND THEN ENCOURAGE THEM TO FIND THEIR REST IN HIM AS
WELL.

Fresh Start

INVITATION

TO DEEPER WATERS

There's something comfortable about shallow waters. It's predictable, safe, and manageable. In the shallow end, your feet are firmly planted, and you have control over your movements. You know what to expect; you're not out of your depth. But there's also a limit to what you can experience in the shallow end. The waves are smaller, the risks are fewer, and the potential for real adventure is minimal. It's easy to stay there—splashing around, enjoying what you already know. But God's call is not for you to remain in the kiddie pool of faith. He's inviting you into deeper waters, where trust is necessary, control is surrendered, and where the fullness of His presence can be encountered.

In Luke 5, we read the story of Jesus calling His first

disciples. Simon Peter and his companions had been fishing all night without success. Exhausted and disappointed, they were cleaning their nets on the shore when Jesus arrived. Jesus, knowing their frustration, stepped into Peter's boat and asked him to push out a little from shore. He began to teach the crowds from the safety of shallow water. But after He finished speaking, Jesus turned to Peter and gave him a challenge that would change his life: "Put out into deep water, and let down the nets for a catch" (Luke 5:4).

Peter had a choice. He could stay in the shallow water, where he was comfortable and in control, or he could follow Jesus' invitation into the unknown—trusting that something greater awaited him. Despite his doubts and weariness, Peter said, "Because You say so, I will let down the nets" (Luke 5:5). What happened next was extraordinary—their nets were filled to overflowing with fish, so much so that they had to call another boat to help bring in the catch.

Peter's obedience to go deeper led to a miraculous encounter with Jesus that would alter the course of his life forever. This moment isn't just about a miraculous catch of fish—it's about the call to deeper faith. It's about recognizing that God has more for you than what you're currently experiencing. The deeper waters are a place of trust, surrender, and greater intimacy with God, but they also require a willingness to let go of control. In the shallow end, you can rely on your own strength, your own

understanding, and your own comfort zones. But in the deep, you must rely fully on Jesus, even when you don't understand where He's leading you.

As you begin week 2, consider what "deeper waters" look like in your life. Maybe it's stepping out in faith in a way that scares you—sharing your testimony, praying with boldness, or surrendering a part of your life that you've been holding onto. Maybe it's choosing to forgive someone who has hurt you, or taking the time to dive deeper into God's Word instead of skimming the surface. Maybe it's giving God the first moments of your day, or setting aside distractions that have been keeping you in the shallow end of faith.

The deeper you go, the less control you have, but that's where you find the fullness of God's presence. It's where your faith is stretched and your relationship with Him grows. In the deep, you may face uncertainty, challenges, and moments where you feel out of your depth. But the deep is also the place where you'll see God move in ways you never imagined. It's where you'll experience His provision, His faithfulness, and His power.

Jesus never called His disciples to a safe, predictable life. He called them to follow Him into the unknown, to trust Him with their lives, and to be willing to leave the safety of the shore. He's extending the same invitation to you today. He's not content with you settling for a surface-level relationship with Him; He wants you to experience the depths of His love, His grace, and His truth. But it's up

to you to decide. Will you stay in the shallow end where it's comfortable? Or will you follow His call into deeper waters?

It's okay to feel a little scared. It's okay to wonder if you're capable of moving into deeper waters.. Peter was a seasoned fisherman, and yet he knew that going deeper required a different kind of faith. It wasn't about his expertise or his abilities—it was about his willingness to say “yes” to Jesus—even when it didn't make sense. When you step into deeper waters, you're stepping into a place of dependence on God. It's a place where your trust is tested, but it's also where you'll see His faithfulness in ways that the shallow waters could never offer.

As you begin this next part of your journey, I challenge you to listen for God's voice calling you to go deeper. What is He asking you to release? Where is He leading you to trust more fully? What step of faith is He prompting you to take? Don't let fear or the desire for control keep you from experiencing all that God has for you. He is trustworthy and He has never led anyone into deeper waters without being right there alongside them.

Take a moment to prayerfully consider the invitation into deeper waters: Are you willing to leave the safety of the waters at the shore and go deeper with God? Are you ready to trust Him with the areas of your life that you've kept under your control? This isn't about being perfect, it's about being willing. God's invitation is clear, but the choice is yours. Will you say “yes” and follow Him into

deeper waters, where true faith, growth, and intimacy await?

INVITATION TO DEEPER WATERS

Below, you have an opportunity to make a decision to go into deeper waters for the next 14 days. Jesus is inviting you to move beyond the shallow, comfortable waters of surface-level faith. He's calling you into a deeper, richer relationship with Him—a place where your trust will be stretched, but where the rewards are far greater than you can imagine. Remember, this isn't about perfection or having everything figured out. It's about saying "yes" to the journey, trusting that Jesus will lead you every step of the way, and committing to pursue Him with your whole heart.

Will you accept this invitation to deeper waters?

Circle one: YES / NO

Signature: _____

Date: _____

WEEK 2

MAKE IT PRACTICAL

There's a moment in every believer's journey where faith moves from being something you believe to something you live. It's the point at which you realize that following Jesus isn't just about what you know or what you feel—it's about how you live in him through everything you do (Galatians 2:20). Faith that remains theoretical or just emotional doesn't have the power to change your everyday life. It must become practical. This is where the rubber meets the road. Faith is more than a set of beliefs; it's a way of life. James 2:17 puts it bluntly: "In the same way, faith by itself, if it is not accompanied by action, is dead." The Christian life isn't just about what happens in your head or your heart—it's about how that faith translates into your day-to-day actions. If we want our faith to

be alive and growing, we need to learn how to live it out practically. This week is all about that transformation. Because when faith becomes practical, it becomes powerful.

MOVING FROM CONCEPT TO ACTION

One of the greatest dangers in our spiritual walk is falling into the trap of seeing faith as a series of concepts rather than a way of living. It's easy to accumulate Bible knowledge, read devotionals, and listen to sermons. But the real question is: **How are you living out what you're learning?** How are you applying the truth of God's Word to the details of your daily life?

Jesus didn't just teach His disciples concepts or theology—He modeled a way of life. He taught them how to pray, how to serve, how to love, and how to trust. The same is true for us. As followers of Christ, we're called to be more than hearers of the Word; we're called to be doers (James 1:22). This is where faith becomes practical.

Imagine a plant that's been well-watered and given all the nutrients it needs, but never gets the sunlight required to grow. It may survive for a while, but it won't flourish. In the same way, if we only focus on filling our minds and hearts with spiritual knowledge, but never put that knowledge into action, our faith remains stunted. It's in the practical living out of faith that we begin to grow

strong and healthy and bear fruit that lasts.

PRACTICAL FAITH MEANS EVERYDAY FAITH

What does it mean to make faith practical? It means living in such a way that your beliefs influence every area of your life—your relationships, your work, your finances, your decisions, your habits, and even your thought life. Practical faith isn't compartmentalized; it's integrated into every aspect of who you are.

In Colossians 3:17, Paul writes, "And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him." This verse encapsulates the heart of practical faith: **whatever** you do, in every aspect of your life, it should be done in the name of Jesus. That means your faith isn't just something you engage with on Sundays or during your morning devotional time—it's something that informs how you live every moment of your life.

A practical faith is an everyday faith. It's about following Jesus in the small things, the daily habits, and the mundane tasks. It's about cultivating spiritual disciplines that help you stay rooted in Him, even when life is busy or overwhelming. It's about making decisions—both big and small—with the understanding that your life is a reflection of the God you serve.

THE POWER OF HABITS IN FAITH

One of the keys to making faith practical is developing habits that keep you connected to God. Habits may sound like a boring or overly structured concept, but they are incredibly powerful in shaping our spiritual lives. Just like physical habits—such as exercising or eating well—help us stay healthy, spiritual habits help us grow closer to God and live out our faith consistently.

In Matthew 6, Jesus talks about three spiritual habits: giving, praying, fasting. These aren't just spiritual practices for show, they're meant to help us live in an ongoing relationship with God. These habits are like anchors that keep us grounded in the midst of life's storms. They remind us to turn to God, to trust Him, and to live in alignment with His will.

A practical faith is built on the foundation of spiritual habits that foster a personal relationship with God through Jesus Christ. These aren't just things we do when we feel inspired or motivated; they're the rhythms that shape our lives. The more we engage in these practices, the more our lives reflect the character of Christ. And over time, they become second nature—a part of who we are and how we live.

LIVING WITH PURPOSE IN THE EVERYDAY

Making faith practical also means living with purpose in your everyday life. Too often we think of spiritual moments as happening only in church services, during times of worship, or in moments of deep prayer. But God is just as present in your ordinary life—in your work, your chores, your conversations, and your routines—as He is in those sacred moments.

Colossians 3:23 says, “Whatever you do, work at it with all your heart, as working for the Lord, not for human masters.” This verse reminds us that everything we do can be done for the glory of God, whether it’s leading a meeting at work, taking care of your family, or serving in your community. When you make faith practical, you start to see every part of your life as an opportunity to honor God and serve others.

Practical faith doesn’t mean you have to do extraordinary things every day. It means you approach ordinary things with a heart that’s surrendered to God. It means living with the awareness that God is working in and through your life, even in the seemingly small or mundane moments. When you do that, you’ll begin to see how God is using your everyday life to shape you and impact those around you.

BUILDING A FAITH THAT LASTS

Making faith practical is about building a faith that lasts. It's easy to get fired up after a powerful sermon or spiritual retreat, but what happens when the emotions fade and the routine of life sets in? That's where practical faith comes in to bridge the gap between what we believe and what we are experiencing. It's the day-to-day commitment to living for God, even when you don't feel particularly inspired or of course when life gets hard.

Jesus told a parable in Matthew 7:24-27 about two builders: one who built his house on the rock and another who built his house on the sand. When the storms came, the house built on the rock stood firm, while the one on the sand fell with a great crash. Jesus said that the one who builds his house on the rock is like the person who hears His words and **puts them into practice**.

Notice that being a Christian is not just about hearing or believing the words—it's about putting them into practice. When you do that, you're building your life on a solid foundation that will withstand the storms. That's what practical faith looks like. It's not just what you know or feel, it's what you live out every day.

WHY IT MATTERS

Why does it matter to make your faith practical? Because a faith that doesn't impact your daily life is incomplete. God didn't call you just to believe in Him—He called you to follow Him, to live in such a way that your faith shapes every part of who you are.

James 1:22-25 tells us to be doers of the Word, not just hearers. When you make your faith practical, you move from being a spectator of God's work to an active participant. You begin to experience the fullness of what it means to walk with Jesus. You see His hand in the details of your life, and you grow in your relationship with Him as you follow Him in obedience.

This week, the invitation is simple but powerful: Make your faith practical. You will find a new section in your devotional titled Let it influence not just what you believe, but how you live. As you do, you'll discover the joy, peace, and purpose that come from living in step with God every day.

DAY 8

BOLD PRAYER LIFE

Prayer is one of the most powerful gifts God has given us, yet many of us approach it with hesitation or uncertainty. For some, prayer feels like a duty. Something we're "supposed" to do, but don't always understand how to do well. For others, prayer feels like a one-way conversation, a place to offer up requests and hope that God hears. Still, there are those who only turn to prayer in desperate times—when everything else has failed. But what if prayer is meant to be so much more? What if it's not just a last resort, but your first response? What if it's not about fancy words, but about an honest heart before God?

Jesus modeled a prayer life that was bold, intimate, and unwavering. He didn't pray timidly or out of obligation—He prayed with confidence, persistence, and passion.

He prayed in public and in private, in the early morning and in the late hours of the night. His prayers were full of faith, knowing that His Father heard every word and would respond. Jesus invites us to pray the same way: with boldness, faith, and expectation. Hebrews 4:16 encourages us, “Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.” Bold prayer isn’t about being demanding or flashy; it’s about approaching God with confidence, trusting that He listens, cares, and is fully capable of responding.

So why don’t we always pray this way? Why do we sometimes hesitate or limit our prayers to small, safe requests? For a lot of us, it’s because we don’t want to be disappointed. We’ve prayed bold prayers before and didn’t get the answers we hoped for. So we shrink back, choosing to pray only what seems realistic or likely. But bold prayer isn’t about getting what we want—it’s about aligning our hearts with God’s will. It’s about coming to Him with everything, holding nothing back, and trusting Him with the outcome.

Another reason we sometimes hold back in prayer is because we forget who we’re praying to. We may acknowledge that God is powerful, but do we really believe He is able to do “immeasurably more than all we ask or imagine” (Ephesians 3:20)? Do we approach Him as the Creator of the universe who is intimately involved in the details of our lives, or do we treat prayer as a polite

ritual to get through? Bold prayer requires a proper understanding of who God is—His character, His power, and His deep love for us.

To pray boldly means to pray big prayers and prayers that might feel risky, because they are beyond our control. It means praying for healing, restoration, provision, guidance, and miracles. Not because we might think we can manipulate God, but because we trust His power and goodness. It means being persistent in prayer, even when we don't see immediate results, because we know that God's timing is perfect and His ways are higher than ours. It's about praying the kind of prayers that move the heart of God and change the world around us.

A bold prayer life isn't about perfection—it's about authenticity. God doesn't want rehearsed lines or religious jargon; He wants a genuine connection with you. He wants you to bring your doubts, your fears, your joys, and your hopes to Him. He wants you to pour out your heart, knowing that He listens, He cares, and He is more than able to respond. Bold prayer is an invitation to enter into a deeper relationship with God, to lean on His strength, to trust His wisdom, and to experience His presence in a real and powerful way.

Today is about stepping out of safe and comfortable prayers and stepping into bold, faith-filled communication with God. It's about letting go of the fear of disappointment and embracing the freedom to pray with confidence, knowing that the One you are speaking to is

both your loving Father and the Almighty King. When you begin to pray boldly, you'll find that prayer isn't just about asking God for things—it's about encountering His heart and being changed by His presence.

START DEVOTIONAL

SCRIPTURE

"LET US THEN APPROACH GOD'S THRONE OF GRACE WITH CONFIDENCE, SO THAT WE MAY RECEIVE MERCY AND FIND GRACE TO HELP US IN OUR TIME OF NEED." - HEBREWS 4:16

TRUTH

A BOLD PRAYER LIFE ISN'T ABOUT PERFECTION-IT'S ABOUT AUTHENTICITY.

APPLICATION

WHAT IS ONE AREA IN YOUR LIFE WHERE YOU'VE BEEN HESITANT TO PRAY BOLDLY? WHAT WOULD IT LOOK LIKE TO BRING THAT REQUEST TO GOD WITH CONFIDENCE TODAY?

RESPONSE

CHOOSE ONE SPECIFIC PRAYER THAT YOU'VE BEEN HOLDING BACK AND WRITE IT OUT. SPEND TIME PRAYING OVER IT WITH BOLDNESS, TRUSTING GOD TO WORK IN HIS PERFECT TIMING AND WAY.

TELL

SHARE WITH A FRIEND OR SMALL GROUP WHAT IT MEANS TO PRAY BOLDLY AND ENCOURAGE THEM TO BRING THEIR BIGGEST AND DEEPEST REQUESTS TO GOD WITHOUT HESITATION.

GOING DEEPER

PRACTICAL ACTIVITY

TAKE 15 MINUTES TODAY TO HAVE A “**BOLD PRAYER SESSION.**” FIND A QUIET SPACE, GRAB A JOURNAL, AND WRITE DOWN THREE AREAS IN YOUR LIFE WHERE YOU LONG TO SEE GOD MOVE IN A SIGNIFICANT WAY. BE HONEST AND SPECIFIC-DON’T HOLD BACK. AFTER WRITING EACH REQUEST, SPEND A FEW MINUTES PRAYING OVER THEM ONE BY ONE. USE SCRIPTURE TO SUPPORT YOUR PRAYERS, SPEAKING GOD’S PROMISES OVER EACH SITUATION. SOME OF MY FAVORITES TO PRAY OVER MYSELF ARE PSALM 23, ISAIAH 41:10, PROVERBS 3:5-6, AND ROMANS 12:1-2. ASK GOD TO GIVE YOU THE FAITH TO TRUST HIM, NO MATTER THE OUTCOME, AND COMMIT TO PRAYING OVER THESE REQUESTS CONSISTENTLY IN THE DAYS AHEAD.

ADDITIONAL READING

*“NOW TO HIM WHO IS ABLE TO DO IMMEASURABLY MORE THAN ALL WE ASK OR IMAGINE, ACCORDING TO HIS POWER THAT IS AT WORK WITHIN US.” - **EPHESIANS 3:20***

*“CALL TO ME AND I WILL ANSWER YOU AND TELL YOU GREAT AND UNSEARCHABLE THINGS YOU DO NOT KNOW.” - **JEREMIAH 33:3***

*“THE PRAYER OF A RIGHTEOUS PERSON IS POWERFUL AND EFFECTIVE.” - **JAMES 5:16B***

DAY 9

ROOTED DEVOTION

Have you ever seen a massive tree withstand the force of a powerful storm? As the wind howls and rain beats down, the branches may sway and the leaves might fall, but the tree stands firm because its roots go deep. The strength of that tree is not found in what you see above ground, but in the unseen roots below that anchor it to the earth. This is a picture of what it means to live a life of rooted devotion: deeply anchored in your relationship with God so that, no matter what storms come, you remain firm and unshaken.

In today's fast-paced world, where distractions are constant and shallow commitments are the norm, it's easy for our spiritual lives to become surface-level. We might attend church, say a few prayers, or read a devotional

now and then, but our roots don't always go deep. We're good at looking spiritual on the outside, but when the unexpected hits—when life gets hard, or doubts arise—our shallow roots are quickly exposed.

Rooted devotion is different. It's not about performing spiritual tasks or checking boxes; it's about cultivating a deep and authentic relationship with God that nourishes your soul and keeps you grounded. When your devotion is rooted, you're not easily swayed by emotions, circumstances, or cultural trends. You're grounded in God's truth, connected to His heart, and guided by His Word.

The Bible also often uses the imagery of trees and roots to describe a life that is steadfast and secure in God. In Psalm 1, the righteous are described as trees planted by streams of water, bearing fruit in every season. In Jeremiah 17:7-8, those who trust in the Lord are like trees with roots that go deep, drawing strength from God even in times of drought. And Jesus Himself spoke of the importance of being deeply connected to Him, the Vine, so that we can bear much fruit.

Rooted devotion is about more than occasional encounters with God—it's about developing daily habits that keep you connected to His presence and Word. It's about prioritizing time with God, even when life gets busy or distractions try to pull you away. It's about making sure your spiritual life is not just an afterthought, but the very foundation upon which everything else stands.

When your devotion is rooted, your faith becomes

resilient. You'll be able to weather the storms of doubt, discouragement, and difficulty because you know where your source of strength lies. You'll have a deeper joy that isn't dependent on circumstances, and you'll have a peace that surpasses understanding. Rooted devotion doesn't happen by accident, it's intentional, deliberate, and requires daily choices to seek God above all else.

Today is about digging deep and choosing to cultivate a devotion that goes beyond the surface. It's about creating habits that help your roots grow down into God's love so that you can stand firm, no matter what life throws your way. It's about embracing a relationship with God that is not shallow, fleeting, or easily uprooted, but by contrast steady, enduring, and unshakable.

START DEVOTIONAL

SCRIPTURE

“ROOTED AND BUILT UP IN HIM, STRENGTHENED IN THE FAITH AS YOU WERE TAUGHT, AND OVERFLOWING WITH THANKFULNESS.”

- COLOSSIANS 2:7

TRUTH

DEEP ROOTS CAN WITHSTAND STORMS.

APPLICATION

WHAT DAILY HABIT CAN YOU CULTIVATE THAT WILL HELP YOUR ROOTS GO DEEPER INTO YOUR RELATIONSHIP WITH GOD?

RESPONSE

CHOOSE ONE SPECIFIC SPIRITUAL HABIT-SUCH AS DAILY BIBLE READING, PRAYER, OR WORSHIP-THAT YOU WILL COMMIT TO FOR THE NEXT WEEK, FOCUSING ON DEEPENING YOUR CONNECTION WITH GOD.

TELL

SHARE WITH A FRIEND OR SMALL GROUP WHY IT'S IMPORTANT FOR YOU TO HAVE A ROOTED DEVOTION, AND ENCOURAGE THEM TO DIG DEEPER IN THEIR RELATIONSHIP WITH GOD AS WELL.

GOING DEEPER

PRACTICAL ACTIVITY

SPEND 20 MINUTES TODAY DOING A **“ROOT CHECK.”** FIND A QUIET SPOT AND MAKE A LIST OF THE THINGS THAT CURRENTLY TAKE UP YOUR TIME AND ENERGY EACH DAY. REFLECT ON WHICH OF THESE ACTIVITIES NOURISH YOUR SOUL AND WHICH ONES DRAIN IT. ASK GOD TO SHOW YOU AREAS WHERE YOU MIGHT NEED TO REFOCUS YOUR PRIORITIES. KEEP A JOURNAL TO TRACK HOW THIS HABIT IMPACTS YOUR CONNECTION WITH GOD AND YOUR OVERALL SENSE OF PEACE.

ADDITIONAL READING

“BUT BLESSED IS THE ONE WHO TRUSTS IN THE LORD, WHOSE CONFIDENCE IS IN HIM. THEY WILL BE LIKE A TREE PLANTED BY THE WATER THAT SENDS OUT ITS ROOTS BY THE STREAM...”
- **JEREMIAH 17:7-8**

“BUT WHOSE DELIGHT IS IN THE LAW OF THE LORD, AND WHO MEDITATES ON HIS LAW DAY AND NIGHT. THAT PERSON IS LIKE A TREE PLANTED BY STREAMS OF WATER...” - **PSALM 1:2-3A**

“REMAIN IN ME, AS I ALSO REMAIN IN YOU. NO BRANCH CAN BEAR FRUIT BY ITSELF; IT MUST REMAIN IN THE VINE. NEITHER CAN YOU BEAR FRUIT UNLESS YOU REMAIN IN ME.” - **JOHN 15:4-5**

DAY 10

SHARING YOUR FAITH

Have you ever had a conversation with someone about a movie you loved, a restaurant you enjoyed, or a new hobby you discovered? Sharing good news comes naturally to us when it's something we're excited about or passionate about. We want others to experience what we've experienced, to enjoy what we've enjoyed. But when it comes to sharing our faith, many of us hesitate—unsure of how to begin or worried about how it will be received. Why is it that sharing the greatest news we've ever received—the news of God's love and salvation—can feel so intimidating?

For many, the fear of sharing faith comes from a fear of rejection, judgment, or simply not knowing the right words to say. We worry that we'll offend someone, come

across as pushy, or not have the answers to difficult questions. But here's the truth: sharing your faith isn't about having all the right answers—it's about sharing your story. It's about telling others what God has done in your life, how He has transformed you, and why Jesus is the hope of your heart.

Jesus' final command to His disciples before ascending to heaven was to "go and make disciples of all nations" (Matthew 28:19). This command wasn't given to a select few—it was given to every follower of Christ. Sharing your faith is not a suggestion or an activity for the "super-spiritual"; it's a calling for all who believe. You don't have to be a theologian, a pastor, or a Bible scholar to share your faith. You simply have to be willing to tell others the story of how Jesus has changed your life.

In Acts 1:8, Jesus promises that the Holy Spirit will empower you to be His witness. You don't have to do this in your own strength or rely on your own eloquence—the Holy Spirit goes with you, guiding your words, softening hearts, and drawing people to Christ. Your job is not to convince or to argue, but to share with authenticity and love, trusting that God will use your story to reach those who need to hear it.

We live in a world that is hungry for hope, for purpose, and for meaning. People are searching for answers, often in places that leave them empty and unsatisfied. But you have the greatest hope there is: the good news of Jesus Christ. And while it may feel intimidating to share

your faith, it's worth remembering that the same God who saved you is the One who goes before you.. He has uniquely positioned you, with your story and experiences, to reach people in your life who might never set foot in a church or open a Bible.

Sharing your faith isn't about perfection; it's about being real. It's about letting people see the light of Jesus in you, even with your flaws and imperfections. It's about being willing to have conversations that matter, to pray for opportunities to share, and to trust that God is already working in the hearts of those around you. When you take the step to share your faith, you are participating in God's mission to draw people to Himself. You are a part of something much bigger than yourself, something eternal.

START DEVOTIONAL

SCRIPTURE

“BUT IN YOUR HEARTS REVERE CHRIST AS LORD. ALWAYS BE PREPARED TO GIVE AN ANSWER TO EVERYONE WHO ASKS YOU TO GIVE THE REASON FOR THE HOPE THAT YOU HAVE. BUT DO THIS WITH GENTLENESS AND RESPECT.” - 1 PETER 3:15

TRUTH

GOD CAN USE YOUR STORY FOR HIS GLORY.

APPLICATION

THINK OF SOMEONE IN YOUR LIFE WHO NEEDS TO HEAR ABOUT THE HOPE YOU’VE FOUND IN JESUS. WHAT IS ONE WAY YOU CAN BEGIN A CONVERSATION WITH THEM OR PRAY FOR AN OPPORTUNITY TO SHARE?

RESPONSE

TAKE TIME TO WRITE DOWN YOUR PERSONAL TESTIMONY. WHAT YOUR LIFE WAS LIKE BEFORE YOU MET JESUS, HOW DID YOU COME TO FAITH, AND WHAT HAS CHANGED SINCE THEN? USE THIS AS A FOUNDATION FOR SHARING YOUR STORY.

TELL

THIS WEEK, INTENTIONALLY SHARE A PART OF YOUR STORY WITH SOMEONE WHO MAY NOT KNOW JESUS, AND INVITE THEM INTO A CONVERSATION ABOUT FAITH.

GOING DEEPER

PRACTICAL ACTIVITY

TODAY, CREATE A **“TESTIMONY MAP.”** START BY DIVIDING A PIECE OF PAPER INTO THREE SECTIONS: “BEFORE CHRIST,” “HOW I MET JESUS,” AND “AFTER CHRIST.” SPEND TIME REFLECTING AND WRITING DOWN THE KEY MOMENTS IN EACH OF THESE AREAS—WHAT YOUR LIFE LOOKED LIKE BEFORE YOU KNEW JESUS, THE TURNING POINT WHEN YOU ENCOUNTERED HIM, AND THE CHANGES YOU’VE EXPERIENCED SINCE. HIGHLIGHT SPECIFIC MOMENTS, CHALLENGES, AND TRANSFORMATIONS. USE THIS MAP AS A GUIDE FOR SHARING YOUR FAITH IN A NATURAL AND PERSONAL WAY, FOCUSING ON HOW GOD HAS WORKED IN YOUR LIFE. PRACTICE SHARING YOUR TESTIMONY IN 2-3 MINUTES, KEEPING IT SIMPLE AND RELATABLE.

ADDITIONAL READING

“YOU ARE THE LIGHT OF THE WORLD. A TOWN BUILT ON A HILL CANNOT BE HIDDEN...” - MATTHEW 5:14

“HOW, THEN, CAN THEY CALL ON THE ONE THEY HAVE NOT BELIEVED IN? AND HOW CAN THEY BELIEVE IN THE ONE OF WHOM THEY HAVE NOT HEARD?” - ROMANS 10:14

“AS FOR US, WE CANNOT HELP SPEAKING ABOUT WHAT WE HAVE SEEN AND HEARD.” - ACTS 4:20

DAY 11

IT ALL BELONGS TO GOD

Take a moment to consider the things you call “yours”—your possessions, your time, your money, your talents, and even your relationships. We live in a world that teaches us to claim ownership over these things, to work hard for them, protect them, and control them. It’s easy to think of our resources as ours to manage, ours to use, and ours to enjoy. But Scripture paints a very different picture: everything we have ultimately belongs to God.

Psalm 24:1 declares, “The earth is the Lord’s, and everything in it, the world, and all who live in it.” This verse is a powerful reminder that nothing we have is truly ours—it’s all His. God is the Creator and Sustainer of everything, and He entrusts us with time, resources, and abilities to manage on His behalf. We are not owners, but **stewards**.

A steward is someone who manages the property or affairs of another, and that's exactly what God calls us to be: managers of what He has entrusted to us.

This idea can be both freeing and challenging. It's freeing because it takes the pressure off of us to hold everything together since we don't have to carry the burden of ownership. But it's challenging because it requires a shift in our mindset; we are called to use everything we have for God's purposes, not just our own. When we recognize that it all belongs to God, it changes the way we view our time, our money, our talents, and our opportunities. They are not ours to control, but rather gifts to be used for His glory.

The Bible is full of stories of people who understood this principle: people who gave sacrificially, served faithfully, and trusted God with what they had. Abraham was willing to offer his son Isaac (Genesis 22), David gave generously to build the temple (1 Chronicles 22 & 29), and the early church shared everything they had with one another (Acts 2). These were not acts of obligation; they were acts of devotion from people who knew that everything they had came from God and was therefore ultimately for God.

When you embrace the truth that it all belongs to God, you begin to see yourself as a partner in His Kingdom work. Your money becomes a tool for blessing others, your talents become a way to serve, and your time becomes an opportunity to invest in what really matters.

This mindset shifts your priorities, frees you from the grip of material things, and helps you find joy in giving and serving—knowing that you are playing a part in God’s greater story.

Today is about releasing control and acknowledging that everything you have is a gift from God. It’s about asking Him how He wants you to use what you’ve been given and also trusting that He will provide exactly what you need. When you stop holding onto your resources with clenched fists and open your hands to God, you discover a freedom that can only come from living a life surrendered to Him. It’s not about losing what you’ve been given—it’s about gaining a deeper relationship with the Giver of all good things.

START DEVOTIONAL

SCRIPTURE

“THE EARTH IS THE LORD’S, AND EVERYTHING IN IT, THE WORLD, AND ALL WHO LIVE IN IT.” - PSALM 24:1

TRUTH

EVERYTHING YOU HAVE IS A GIFT FROM GOD, MEANT TO BE USED FOR HIS GLORY.

APPLICATION

WHAT IS ONE AREA OF YOUR LIFE-TIME, MONEY, TALENTS, OR POSSESSIONS-WHERE YOU’VE BEEN HOLDING ONTO CONTROL? HOW CAN YOU RELEASE THAT TO GOD TODAY?

RESPONSE

PRAY AND ASK GOD TO SHOW YOU HOW HE WANTS YOU TO USE WHAT HE HAS ENTRUSTED TO YOU. COMMIT TO TAKING ONE STEP IN THAT DIRECTION THIS WEEK.

TELL

SHARE WITH A FRIEND OR FAMILY MEMBER HOW VIEWING YOUR RESOURCES AS BELONGING TO GOD HAS CHANGED YOUR PERSPECTIVE, AND ENCOURAGE THEM TO CONSIDER HOW THEY CAN USE WHAT THEY HAVE FOR HIS PURPOSES.

GOING DEEPER

PRACTICAL ACTIVITY

SPEND TIME TODAY CREATING A “**STEWARDSHIP INVENTORY.**” TAKE A PIECE OF PAPER AND MAKE FOUR COLUMNS LABELED **TIME, MONEY, TALENTS, AND POSSESSIONS.** IN EACH COLUMN, LIST OUT WHAT YOU HAVE BEEN GIVEN—YOUR SKILLS, RESOURCES, MATERIAL POSSESSIONS, FINANCES. PRAY OVER EACH CATEGORY, ASKING GOD HOW YOU CAN HONOR HIM WITH WHAT YOU’VE LISTED. CHOOSE ONE SPECIFIC ITEM OR AREA FROM EACH CATEGORY AND WRITE DOWN A PRACTICAL WAY YOU CAN USE IT TO SERVE GOD AND OTHERS THIS WEEK. KEEP THIS LIST SOMEWHERE VISIBLE AS A REMINDER FOR YOU THAT EVERYTHING ON IT BELONGS TO GOD.

ADDITIONAL READING

“BUT WHO AM I, AND WHO ARE MY PEOPLE, THAT WE SHOULD BE ABLE TO GIVE AS GENEROUSLY AS THIS? EVERYTHING COMES FROM YOU, AND WE HAVE GIVEN YOU ONLY WHAT COMES FROM YOUR HAND.”

– 1 CHRONICLES 29:14

“DO NOT STORE UP FOR YOURSELVES TREASURES ON EARTH, WHERE MOTHS AND VERMIN DESTROY, AND WHERE THIEVES BREAK IN AND STEAL. BUT STORE UP FOR YOURSELVES TREASURES IN HEAVEN...” –

MATTHEW 6:19-20A

“EVERY GOOD AND PERFECT GIFT IS FROM ABOVE, COMING DOWN FROM THE FATHER OF THE HEAVENLY LIGHTS, WHO DOES NOT CHANGE LIKE SHIFTING SHADOWS.” – **JAMES 1:17**

DAY 12

LAY IT DOWN

Have you ever held onto something so tightly that it consumed your thoughts, your energy, and your emotions? Maybe it was a dream you were determined to see come to pass, a relationship you didn't want to lose, a plan you worked hard to control, or even a fear that wouldn't let you go. Whatever it was, it's likely that holding onto it only made you feel more anxious, frustrated, and exhausted. Yet, our natural tendency is to cling tightly to the things we value, hoping that our efforts will bring about the results we desire. But Jesus offers a different way—a way that leads to freedom and peace. It's the way of surrender.

“Lay it down” is a call to release control and trust God with what matters most to you. Jesus Himself modeled

this kind of surrender when He prayed in the Garden of Gethsemane, “Not My will, but Yours be done” (Matthew 26). It’s a prayer of letting go, of laying down our plans, dreams, worries, and burdens at God’s feet and choosing to trust His will above our own. It’s not easy, and it doesn’t come naturally, but it’s the path to true freedom.

When Jesus invites us to lay it down, He’s not asking us to stop caring or to give up on the desires He’s placed in our hearts. Instead, He’s inviting us to release the weight of control and trust that He knows what’s best. In Matthew 16:24, Jesus tells His followers, “Whoever wants to be My disciple must deny themselves and take up their cross and follow Me.” To follow Jesus fully means to let go of the things we cling to and to trust that His plans are better than our own.

The truth is that you were never meant to carry the weight of the world on your shoulders. God never intended for you to hold onto everything so tightly that it consumes you. He calls you to lay it down because He knows that freedom is found in surrender. It is not found in control. When you release your grip, you make space for God to work in ways that are far greater than anything you could accomplish on your own.

What is it that you need to lay down? It might be a dream you’re afraid to surrender, a relationship that feels uncertain, a fear that keeps you up at night, or a hurt that you’ve carried for too long. God is inviting you to trust Him with it, to place it in His hands, and to believe that

He is more than able to handle what you can't. Laying it down isn't about giving up—it's about giving in to the One who loves you more than you can imagine.

Today is about embracing the freedom that comes from surrender. It's about choosing to believe that God's plans for your life are better than your own and that His hands are strong enough to hold what you release. It's a daily choice to surrender, but it's one that leads to a life of deeper faith and greater freedom.

START DEVOTIONAL

SCRIPTURE

"THEN JESUS SAID TO HIS DISCIPLES, 'WHOEVER WANTS TO BE MY DISCIPLE MUST DENY THEMSELVES AND TAKE UP THEIR CROSS AND FOLLOW ME.'" - MATTHEW 16:24

TRUTH

SURRENDER IS NOT LOSING, IT'S GAINING THE FREEDOM TO TRUST GOD FULLY.

APPLICATION

WHAT IS ONE THING YOU'RE HOLDING ONTO TIGHTLY THAT YOU SENSE GOD IS ASKING YOU TO LAY DOWN? HOW CAN YOU SURRENDER IT TO HIM TODAY?

RESPONSE

TAKE A FEW MOMENTS TO PRAY, ASKING GOD TO GIVE YOU THE COURAGE TO RELEASE WHAT YOU'RE HOLDING ONTO. WRITE DOWN WHAT YOU ARE CHOOSING TO SURRENDER AND WHAT YOU'RE TRUSTING GOD TO DO IN THAT AREA.

TELL

SHARE WITH SOMEONE WHAT GOD HAS BEEN ASKING YOU TO LAY DOWN, AND HOW CHOOSING TO SURRENDER HAS BROUGHT YOU GREATER PEACE AND TRUST IN HIM.

GOING DEEPER

PRACTICAL ACTIVITY

TODAY, DO A “**SURRENDER BOX**” ACTIVITY. FIND A SMALL BOX OR CONTAINER AND LABEL IT “SURRENDER BOX.” WRITE DOWN ON INDIVIDUAL SLIPS OF PAPER THE THINGS YOU FEEL GOD IS ASKING YOU TO LAY DOWN—YOUR WORRIES, FEARS, PLANS, DREAMS, OR SPECIFIC AREAS OF CONTROL. PLACE EACH SLIP INTO THE BOX AS A SYMBOLIC ACT OF SURRENDERING THEM TO GOD. SPEND TIME IN PRAYER, GIVING EACH ITEM OVER TO HIM AND ASKING HIM TO TAKE CONTROL. KEEP THIS BOX IN A VISIBLE PLACE AS A REMINDER OF WHAT YOU’VE LAID DOWN. WHENEVER YOU FEEL THE NEED TO TAKE BACK CONTROL, LOOK AT THE BOX AND REMEMBER THAT YOU’VE PLACED THOSE THINGS IN GOD’S HANDS.

ADDITIONAL READING

*“TRUST IN THE LORD WITH ALL YOUR HEART AND LEAN NOT ON YOUR OWN UNDERSTANDING; IN ALL YOUR WAYS SUBMIT TO HIM, AND HE WILL MAKE YOUR PATHS STRAIGHT.” - **PROVERBS 3:5-6***

*“COME TO ME, ALL YOU WHO ARE WEARY AND BURDENED, AND I WILL GIVE YOU REST” - **MATTHEW 11:28***

*“COMMIT YOUR WAY TO THE LORD; TRUST IN HIM AND HE WILL DO THIS.” - **PSALM 37:5***

DAY 13

GETTING QUIET

Noise is everywhere. From the moment we wake up, we are bombarded with distractions—emails, notifications, conversations, responsibilities, and the constant demands of life. In a world that seems to never stop, finding a moment of true silence can feel almost impossible. Yet, it's in the quiet that we often hear God most clearly. It's in the stillness that our souls are refreshed and realigned. “Getting quiet” isn't just about removing external noise; it's about creating space in your heart and mind to hear from God and be in His presence.

The Bible contains a lot of stories of God speaking in the quiet moments. Elijah, a prophet who witnessed incredible displays of God's power, didn't hear God in the powerful wind, the earthquake, or the fire, but in a

gentle whisper (1 Kings 19:11-13). Jesus, too, modeled a rhythm of withdrawing from the crowds and the chaos to spend time alone with the Father. In Luke 5:16, we read that “Jesus often withdrew to lonely places and prayed.” If Jesus, who was God in the flesh, needed time away from the noise to connect with His Father, how much more then do we?

Getting quiet before God is a choice. It’s a decision to turn down the volume on the demands of life and listen for the still, small voice that speaks to our hearts. It’s not always comfortable; sometimes when we get quiet, we are confronted with our own thoughts, worries, and struggles that we’ve been avoiding. But it’s in that space of silence that God does some of His deepest work. He brings clarity where there was confusion, peace where there was anxiety, and guidance where there was uncertainty.

We live in a culture that celebrates busyness and activity- equating productivity with worth. But God invites us into something different: He invites us to rest in Him, to be still and know that He is God (Psalm 46:10). In the quiet, we are reminded that we are not defined by what we do, but by who we are in Christ. We don’t have to strive, prove ourselves, or fill every moment with noise. We can simply be, knowing that our identity is secure in Him.

Today is an invitation to get quiet before God. It’s a call to carve out space to sit in His presence without an agenda, to listen without rushing, and to trust that He is enough. It’s not about perfection or following a formula,

it's about prioritizing a relationship with the One who knows you better than you know yourself. In the quiet, you will find that God is not distant, but near. He is ready to speak, to comfort, and to fill you with His peace. Will you make the choice to get quiet today?

START DEVOTIONAL

SCRIPTURE

*"BE STILL, AND KNOW THAT I AM GOD; I WILL BE EXALTED
AMONG THE NATIONS, I WILL BE EXALTED IN THE EARTH."*

- PSALM 46:10

TRUTH

***THE QUIETER YOU BECOME, THE CLEARER YOU
HEAR GOD'S VOICE.***

APPLICATION

**WHAT NOISE-INTERNAL OR EXTERNAL-DO YOU NEED TO QUIET IN
YOUR LIFE SO THAT YOU CAN BETTER HEAR FROM GOD?**

RESPONSE

SET ASIDE A SPECIFIC TIME TODAY TO GET QUIET BEFORE GOD. TURN OFF YOUR PHONE, FIND A PEACEFUL SPACE, AND SIMPLY LISTEN. WRITE DOWN ANY THOUGHTS OR IMPRESSIONS THAT COME TO MIND.

TELL

SHARE WITH SOMEONE WHAT IT WAS LIKE TO GET QUIET BEFORE GOD AND HOW IT IMPACTED YOUR PERSPECTIVE. ENCOURAGE THEM TO SET ASIDE THEIR OWN TIME TO EXPERIENCE THE POWER OF STILLNESS.

GOING DEEPER

PRACTICAL ACTIVITY

TODAY, DO A **“15-MINUTE SILENCE RETREAT.”** FIND A QUIET, COMFORTABLE SPOT WHERE YOU WON'T BE INTERRUPTED. LEAVE YOUR PHONE IN ANOTHER ROOM OR TURN IT OFF. SET A TIMER FOR 15 MINUTES, AND SPEND THAT TIME IN COMPLETE SILENCE. DON'T PRAY WITH WORDS; SIMPLY SIT IN GOD'S PRESENCE, INVITING HIM TO SPEAK TO YOUR HEART. IF YOUR MIND WANDERS, GENTLY BRING IT BACK BY FOCUSING ON A SIMPLE PHRASE LIKE “GOD, I'M LISTENING” OR “YOU ARE HERE.” AT THE END OF THE 15 MINUTES, TAKE A FEW MINUTES TO JOURNAL WHAT YOU EXPERIENCED, FELT, OR SENSED DURING THAT TIME.

ADDITIONAL READING

“THE LORD SAID, ‘GO OUT AND STAND ON THE MOUNTAIN IN THE PRESENCE OF THE LORD, FOR THE LORD IS ABOUT TO PASS BY.’ THEN A GREAT AND POWERFUL WIND TORE THE MOUNTAINS APART... BUT THE LORD WAS NOT IN THE WIND. AFTER THE WIND THERE WAS AN EARTHQUAKE, BUT THE LORD WAS NOT IN THE EARTHQUAKE... AND AFTER THE FIRE CAME A GENTLE WHISPER.” - 1 KINGS 19:11-12

*“BUT JESUS OFTEN WITHDREW TO LONELY PLACES AND PRAYED.”
- LUKE 5:16*

*“THEN, BECAUSE SO MANY PEOPLE WERE COMING AND GOING THAT THEY DID NOT EVEN HAVE A CHANCE TO EAT, HE SAID TO THEM, ‘COME WITH ME BY YOURSELVES TO A QUIET PLACE AND GET SOME REST.’”
- MARK 6:31*

DAY 14

RHYTHMS OF REST

Rest is one of the most undervalued and overlooked practices in our culture today. We live in a world that glorifies busyness, rewards productivity, and often measures our worth by what we can accomplish. Rest can feel like a luxury or even a sign of weakness in a society that constantly pushes us to do more and be more. But God's perspective on rest is radically different. From the very beginning of creation, rest was part of His design—not as an afterthought, but as an essential rhythm for a flourishing life.

In the creation story, after six days of work, God rested on the seventh day. This wasn't because He was tired or needed a break—God rested to establish a pattern for us. He was showing us that rest is not just about recovering from

exhaustion, but about finding joy, peace, and refreshment in His presence. In Exodus 20, God also included rest in the Ten Commandments, instructing His people to keep the Sabbath as a holy day of rest. This wasn't meant to be a burden, but a gift! A reminder that our value isn't tied to our productivity, and that God is the ultimate Provider.

The concept of “Rhythms of Rest” is about more than taking a day off now and then. It's about creating a lifestyle that values rest as an act of worship and trust. Rest is about slowing down, being present, and remembering that God is in control. It's about stepping away from the demands and distractions of life to focus on what really matters—your relationship with God, your well-being, and the people around you. Rhythms of rest allow you to reset, refocus, and realign your heart with God's purposes.

Jesus, who was the busiest and most sought-after person in His time, modeled this rhythm of rest. He withdrew from the crowds, took time to pray, and found moments to be alone with His Father, even in the midst of His demanding ministry. He knew that true rest wasn't found in escaping or avoiding work, but in being intentional about carving out space to be refreshed by God.

Living with a rhythm of rest requires intentionality in a world that constantly pulls us in a hundred directions. It means saying “no” to good things so that you can say “yes” to the best things. It's about trusting that God can accomplish His purposes even when you step back to rest.

It's about believing that He is the One who sustains you, provides for you, and carries the weight of your burdens.

Today is an invitation to slow down and embrace the rhythm of rest that God has designed for you. It's not about following a strict set of rules—it's about living with the awareness that you are not defined by what you do, but by who you belong to. In a restless world, rest is a radical act of faith—a declaration that your hope, trust, and identity are found in God alone. Will you embrace the gift of rest today?

START DEVOTIONAL

SCRIPTURE

*“REMEMBER THE SABBATH DAY BY KEEPING IT HOLY. SIX DAYS YOU SHALL LABOR AND DO ALL YOUR WORK, BUT THE SEVENTH DAY IS A SABBATH TO THE LORD YOUR GOD...” - **EXODUS 20:8-10***

TRUTH

TRUE REST ISN'T FOUND IN ESCAPING OR AVOIDING WORK, BUT IN BEING INTENTIONAL ABOUT CARVING OUT SPACE TO BE REFRESHED BY GOD.

APPLICATION

WHAT IS ONE AREA OF YOUR LIFE WHERE YOU FEEL THE MOST OVERWHELMED OR BURDENED? HOW CAN YOU CREATE A RHYTHM OF REST IN THAT AREA THIS WEEK?

RESPONSE

CHOOSE ONE DAY OR A SPECIFIC TIME THIS WEEK TO INTENTIONALLY UNPLUG, REST, AND FOCUS ON GOD'S PRESENCE. COMMIT TO MAKING THIS A REGULAR RHYTHM IN YOUR LIFE.

TELL

TALK TO A FRIEND OR FAMILY MEMBER ABOUT THE IMPORTANCE OF REST AND HOW GOD HAS INVITED YOU TO EMBRACE IT. ENCOURAGE THEM TO CONSIDER WHAT RHYTHMS OF REST COULD LOOK LIKE IN THEIR OWN LIVES.

GOING DEEPER

PRACTICAL ACTIVITY

TODAY, CREATE A “**REST PLAN.**” FIND A QUIET SPACE TO THINK ABOUT WHAT REST MEANS FOR YOU AND HOW YOU CAN MAKE IT A REGULAR PART OF YOUR LIFE. START BY WRITING DOWN THREE SPECIFIC WAYS YOU CAN INCORPORATE REST INTO YOUR WEEKLY ROUTINE. THIS MIGHT INCLUDE SETTING ASIDE A DAILY QUIET TIME WITH GOD, DESIGNATING A SABBATH DAY EACH WEEK WHERE YOU AVOID WORK-RELATED TASKS, OR CREATING “UNPLUGGED” EVENINGS WITH NO TECHNOLOGY. WRITE DOWN THE SPECIFIC DAY AND TIME FOR EACH REST PRACTICE AND COMMIT TO TRYING IT FOR THE NEXT MONTH. REFLECT ON HOW THESE RHYTHMS OF REST IMPACT YOUR RELATIONSHIP WITH GOD AND YOUR OVERALL WELL-BEING.

ADDITIONAL READING

*IN PEACE I WILL LIE DOWN AND SLEEP, FOR YOU ALONE, LORD, MAKE ME DWELL IN SAFETY. - **PSALM 4:8***

*“THEN, BECAUSE SO MANY PEOPLE WERE COMING AND GOING THAT THEY DID NOT EVEN HAVE A CHANCE TO EAT, HE SAID TO THEM, ‘COME WITH ME BY YOURSELVES TO A QUIET PLACE AND GET SOME REST.’” - **MARK 6:31***

*“TRULY MY SOUL FINDS REST IN GOD; MY SALVATION COMES FROM HIM.” - **PSALM 62:1***

WEEK 3

MAKE IT PURPOSEFUL

What drives you each day? Is it the pursuit of success, the desire for recognition, or simply getting through your to-do list? For many of us, life can feel like a series of tasks to complete or roles to fulfill. But beneath the surface, there's often a longing for something deeper—**purpose**. This week, we are focusing on what it means to live with purpose, and more specifically: to understand the purpose God has for your life.

The search for purpose isn't a modern trend or a philosophical question reserved for scholars. It's a deeply spiritual pursuit, rooted in the way God created us. From the beginning of time, God has been a God of purpose. Everything He has done, from the formation of the world to the salvation plan through Jesus, has been intentional

and purposeful. And you are no exception to that.

You weren't created by accident. You weren't placed here without reason. God has woven His purpose into your very existence. Understanding that changes everything—it shifts the way you view your life, your work, your relationships, and even your struggles. When you grasp that your life has divine purpose, it brings clarity and direction to everything you do.

YOUR PURPOSE IS ROOTED IN GOD

At the heart of living a purposeful life is this foundational truth: **your purpose is rooted in God**. The world often tells us that we need to “find” our purpose, as though it's some hidden treasure we have to search for on our own. But the reality is, you don't have to chase after your purpose—it's already been given to you by the One who created you.

In Colossians 1:16, Paul writes that all things have been created through Jesus and for Jesus. This means that your purpose isn't something you invent or stumble upon—it's something God has already designed for you. Your purpose flows from your identity in Christ, and it's discovered through your relationship with Him. The closer you walk with God, the clearer your purpose becomes.

What does it look like to have clarity of purpose in your everyday life? It means living with the understanding

that your purpose isn't defined by what the world values—things like success, achievement, or recognition. Instead, it's defined by your connection to God and His plan for you. Your purpose is to reflect His character, share His love, and live in a way that brings Him glory.

PURPOSE BRINGS CLARITY TO EVERY SEASON

One of the most beautiful things about living with purpose is that it brings clarity to every season of life. Whether you're in a season of joy or a season of struggle—knowing that God has a purpose for you helps you navigate life with greater peace and assurance. You begin to see that even in the ordinary or difficult moments, God is at work, shaping you and using you for His greater plan.

The truth is that your purpose isn't dependent on your circumstances. You don't necessarily need everything to be going well in your life to be living out God's purpose. In fact, some of the most purposeful moments happen in the middle of challenges—when you learn to trust God and lean into His strength.

Ecclesiastes 3:1 reminds us that “there is a time for everything, and a season for every activity under the heavens.” This doesn't mean that every season will look the same or feel equally significant, but it does mean that **every season has meaning** when viewed through the

lens of God's purpose. Whether you're walking through a season of waiting, growth, pruning, or harvest, God is at work in and through you.

PURPOSE FUELS PERSEVERANCE

Living with purpose also fuels perseverance. When you know that your life is part of a bigger story—God's story—it gives you the strength to keep going, even when the path is difficult. Purpose gives you something to hold onto when life doesn't make sense. It helps you see beyond the immediate challenges and trust that God is working all things together for good (Romans 8:28).

Consider the life of Jesus. His entire ministry was marked by purpose, and it was that purpose that sustained Him through the most difficult moments—especially as He faced the cross. In John 17:4, Jesus prayed, “I have brought You glory on earth by finishing the work You gave me to do.” His life was driven by a clear sense of purpose, and it gave Him the strength to endure suffering for the sake of something greater.

In the same way, living with purpose gives you the ability to press on, knowing that God has a plan, even in the pain. Purpose is what keeps you grounded when the storms of life hit. It reminds you that you are part of something much bigger than yourself, and that every step of the journey—whether easy or hard—is significant in the

eyes of God.

YOUR PURPOSE IS BIGGER THAN YOU

The key to living a purposeful life is realizing that your purpose is bigger than you. It's not just about what you can achieve for yourself or how successful you can be: God's purpose for your life is ultimately about how you fit into His larger story: to redeem and restore the world through Christ.

Living with purpose means recognizing that your life is connected to others. It's about more than just fulfilling your own goals or dreams—it's about being a part of God's plan to bless those around you. Whether it's through your relationships, your work, or your acts of service—your purpose is tied to the way you love, serve, and point others to Christ.

In Matthew 5:14-16, Jesus tells us that we are the light of the world, and He calls us to let our light shine before others. This is the essence of a purposeful life—one that radiates God's love and grace to the people around you. Your purpose isn't just about what you do, but about **who you are** and how you reflect the heart of God in the world.

PURPOSE IS NOT A DESTINATION

Finally, it's important to remember that purpose is not a destination—it's a journey. Sometimes we can fall into the trap of thinking that we'll "arrive" at our purpose once we achieve a certain goal or reach a certain stage in life. But the truth is, purpose is something you live out every day. It's not a one-time achievement, but rather an ongoing process of walking with God and aligning your life with His will. It's not about reaching a final destination, but about walking faithfully in the purpose God has for you right now, trusting that He will guide you into what's next when the time is right.

Your purpose may evolve as you grow in your relationship with God, and that's okay. Philippians 1:6 encourages us with the truth that "He who began a good work in you will carry it on to completion until the day of Christ Jesus." God's work in your life is ongoing, and so is His purpose for you.

EMBRACE YOUR PURPOSE

This week, the invitation is simple but profound: **embrace the purpose God has for your life.** Not just as an abstract concept—but as a living, breathing reality that shapes the way you think, act, and live. Your purpose isn't something you have to strive for or achieve—it's some-

thing you receive from God and live out in partnership with Him.

When you live with purpose, it changes the way you see everything—from your daily routines to your biggest decisions. You begin to realize that every moment has meaning because you are walking in step with a God who has a plan for your life. So, let this week be a time of reflection and commitment, as you ask God to reveal more of His purpose for you. He will empower you to live it out each day.

DAY 15

YOUR “WHY”

Have you ever paused to ask yourself why you do what you do? Why you make the choices you make, why you invest your time the way you do, or why you pursue the goals that drive you? So often, we get caught up in the busyness of life—moving from one task to the next, checking off to-do lists, and chasing after our version of success—without ever really stopping to reflect on the deeper “why” behind it all. But knowing your “why” is crucial because it shapes everything you do. Your “why” determines your direction, fuels your passion, and ultimately guides your purpose.

Jesus was clear about His “why.” Throughout His ministry, He never lost sight of why He was on this earth: to do the will of the Father and to bring redemption to

humanity. In John 6:38, He said, “For I have come down from heaven not to do My will but to do the will of Him who sent Me.” Jesus’ sense of purpose was unshakeable because He knew His “why,” and that, in turn, drove everything He did—from healing the sick to teaching the crowds to ultimately laying down His life on the cross for us.

In the same way, your “why” is what anchors you in your walk with God. It’s what keeps you going when times are tough, motivates you to make hard choices, and gives meaning to every step you take. Without a clear “why,” it’s easy to get distracted or discouraged. You might find yourself doing things just because they’re expected of you rather than because they flow from a deeper purpose. But when your “why” is rooted in your relationship with God, everything changes. Your life becomes focused, intentional, and aligned with His heart.

God has uniquely designed you with gifts, passions, and experiences that point toward your “why.” He has given you a unique calling that’s woven into the fabric of your identity. Understanding your “why” isn’t about figuring out a single career path or a specific achievement—it’s about knowing the deeper purpose that drives you to live for God’s glory in every season of life. Your “why” can be lived out whether you’re leading a business, raising a family, serving in your church, or simply being a friend who loves well.

Today is about discovering and clarifying your “why.”

We're taking time to ask God what He has placed in your heart and how He wants to use you in His greater story. Your "why" may not look the same as someone else's, and that's okay—God has a unique purpose for you. He wants you to live a life that's not busy, but deeply meaningful. When you discover your "why," you'll find that your relationship with God deepens, your faith strengthens, and your life becomes a reflection of His love.

START DEVOTIONAL

SCRIPTURE

“WHATEVER YOU DO, WORK AT IT WITH ALL YOUR HEART, AS WORKING FOR THE LORD, NOT FOR HUMAN MASTERS, SINCE YOU KNOW THAT YOU WILL RECEIVE AN INHERITANCE FROM THE LORD AS A REWARD. IT IS THE LORD CHRIST YOU ARE SERVING.”
- **COLOSSIANS 3:23-24**

TRUTH

WHEN YOU KNOW YOUR ‘WHY,’ EVERY STEP BECOMES AN ACT OF WORSHIP.

APPLICATION

WHAT IS ONE PASSION OR CALLING THAT GOD HAS PLACED ON YOUR HEART? HOW DOES IT REFLECT YOUR “WHY” AND THE DEEPER PURPOSE HE HAS FOR YOU?

RESPONSE

SPEND TIME PRAYING AND JOURNALING ABOUT YOUR “WHY.” ASK GOD TO REVEAL THE UNIQUE PURPOSE HE HAS FOR YOU IN THIS SEASON OF LIFE, AND WRITE DOWN A CLEAR STATEMENT THAT CAPTURES YOUR “WHY” AS A FOLLOWER OF CHRIST.

TELL

SHARE YOUR “WHY” WITH SOMEONE YOU TRUST—A FRIEND, MENTOR, OR SMALL GROUP. TALK ABOUT HOW YOU FEEL GOD IS LEADING YOU TO LIVE IT OUT AND ASK THEM TO PRAY WITH YOU AS YOU PURSUE IT.

GOING DEEPER

PRACTICAL ACTIVITY

TAKE SOME TIME TODAY TO CREATE A “**PURPOSE STATEMENT**” FOR YOUR LIFE. FIND A QUIET PLACE TO REFLECT, AND THINK ABOUT WHAT DRIVES YOU. START BY ASKING YOURSELF A FEW QUESTIONS: WHAT BREAKS YOUR HEART? WHAT STIRS YOUR PASSION? WHERE DO YOU SEE GOD’S HAND IN YOUR LIFE? WHAT UNIQUE SKILLS AND GIFTS HAS HE GIVEN YOU? WRITE DOWN YOUR ANSWERS, AND LOOK FOR COMMON THEMES. THEN, TRY TO CREATE A SIMPLE, ONE-SENTENCE STATEMENT THAT CAPTURES YOUR “WHY.” IT COULD BE SOMETHING LIKE: “TO BRING HOPE TO THE HURTING”, “TO REFLECT GOD’S LOVE IN MY WORKPLACE”, OR “TO RAISE MY FAMILY IN FAITH AND LOVE”. USE THIS STATEMENT AS A GUIDE FOR MAKING DECISIONS AND SETTING GOALS—ALLOWING IT TO SHAPE THE WAY YOU LIVE EACH DAY.

ADDITIONAL READING

“FOR I HAVE COME DOWN FROM HEAVEN NOT TO DO MY WILL BUT TO DO THE WILL OF HIM WHO SENT ME.” – JOHN 6:38

“FOR WE ARE GOD’S HANDIWORK, CREATED IN CHRIST JESUS TO DO GOOD WORKS, WHICH GOD PREPARED IN ADVANCE FOR US TO DO.” – EPHESIANS 2:10

“THEREFORE, I URGE YOU, BROTHERS AND SISTERS, IN VIEW OF GOD’S MERCY, TO OFFER YOUR BODIES AS A LIVING SACRIFICE, HOLY AND PLEASING TO GOD—THIS IS YOUR TRUE AND PROPER WORSHIP. DO NOT CONFORM TO THE PATTERN OF THIS WORLD, BUT BE TRANSFORMED BY THE RENEWING OF YOUR MIND.” – ROMANS 12:1-2

DAY 16

CONNECTED TO THE BODY

We live in an individualistic culture that often celebrates independence, self-sufficiency, and the ability to “make it on your own”. While these traits are sometimes seen as strengths, they can also lead to a sense of isolation and disconnection—especially in the church community. But God’s design for His people was never about individual achievements or solitary spirituality. His plan was always to form a body, united under Christ with each member connected and essential to the thriving of His Body.

The Bible describes the church as the Body of Christ, with each believer functioning as a unique part of that Body. In 1 Corinthians 12, Paul paints a vivid picture of what it means to be connected to the Body. He emphasize-

es that just as a physical body needs every part—eyes, ears, hands, and feet—to function properly, so also the church needs every believer, with their unique gifts and perspectives, in order to be able to thrive. No one part is insignificant, and no one can claim they don't belong. Each of us has been uniquely designed to play a role, and therefore when one part is missing, the whole Body is affected.

Being connected to the Body means more than attending church on Sundays; it means being an active, engaged participant in God's family. It's about doing life together, bearing one another's burdens, encouraging each other, and using your gifts to serve and build up the church. It's about realizing that you were never meant to follow Jesus in isolation—He created you for relationship and community. In a world that often emphasizes what divides us, God's desire is for His people to be a united Body that reflects His love to a watching world.

Jesus prayed for this kind of unity among His followers by saying in John 17:21, "That all of them may be one, Father, just as You are in Me and I am in You. May they also be in Us so that the world may believe that You have sent Me." Our connection to the Body isn't just about our own spiritual growth—it's a witness to the world of God's love, power, and grace. When the church functions as a healthy Body, it becomes a living testimony of God's transformative work.

Today is an invitation to examine how connected you are to the Body of Christ. It calls you to move from being

a spectator to an active participant; to find your place within the community of believers, and to serve in a way that reflects Christ's love. Whether you've been deeply involved in a church or have felt disconnected, God wants you to know that you have a unique and necessary role to play. You are not meant to go through life alone—He has given you a spiritual family to walk alongside you, support you, and grow with you as you follow Jesus together.

START DEVOTIONAL

SCRIPTURE

“NOW YOU ARE THE BODY OF CHRIST, AND EACH ONE OF YOU IS A PART OF IT.” - 1 CORINTHIANS 12:27

TRUTH

YOU HAVE A PLACE IN THE BODY OF CHRIST.

APPLICATION

HOW CONNECTED ARE YOU TO THE BODY OF CHRIST? IN WHAT WAYS CAN YOU BECOME MORE INVOLVED, USE YOUR GIFTS, OR BUILD DEEPER RELATIONSHIPS WITHIN YOUR CHURCH COMMUNITY?

RESPONSE

IDENTIFY ONE WAY YOU CAN ENGAGE MORE FULLY WITH THE BODY OF CHRIST THIS WEEK. WHETHER IT'S JOINING A SMALL GROUP, VOLUNTEERING, OR REACHING OUT TO SOMEONE YOU HAVEN'T CONNECTED WITH IN A WHILE, TAKE A STEP TOWARD DEEPER COMMUNITY WITH THOSE AROUND YOU.

TELL

SHARE WITH A FRIEND OR FELLOW BELIEVER HOW BEING CONNECTED TO THE BODY OF CHRIST HAS IMPACTED YOUR SPIRITUAL JOURNEY AND ENCOURAGE THEM TO FIND THEIR PLACE IN THE CHURCH.

GOING DEEPER

PRACTICAL ACTIVITY

TODAY, DO A **“SPIRITUAL GIFTS INVENTORY.”** TAKE SOME TIME TO PRAYERFULLY CONSIDER THE UNIQUE GIFTS AND TALENTS GOD HAS GIVEN YOU. MAKE A LIST OF AREAS WHERE YOU FEEL GIFTED OR PASSIONATE ABOUT SOMETHING—THESE COULD BE SKILLS, SPIRITUAL GIFTS, OR SPECIFIC WAYS YOU ENJOY SERVING. NEXT, REFLECT ON HOW THESE GIFTS COULD BE USED TO BUILD UP THE BODY OF CHRIST. CONSIDER TALKING WITH A CHURCH LEADER OR MENTOR ABOUT WHERE YOU MIGHT BE ABLE TO SERVE. IF YOUR CHURCH OFFERS A SPIRITUAL GIFTS ASSESSMENT, TAKE IT AS A TOOL TO BETTER UNDERSTAND HOW GOD HAS WIRED YOU. USE TIME TO PRAY ABOUT FINDING A PLACE TO SERVE THAT ALIGNS WITH YOUR GIFTS AND PASSIONS.

ADDITIONAL READING

“FOR JUST AS EACH OF US HAS ONE BODY WITH MANY MEMBERS, AND THESE MEMBERS DO NOT ALL HAVE THE SAME FUNCTION, SO IN CHRIST WE, THOUGH MANY, FORM ONE BODY, AND EACH MEMBER BELONGS TO ALL THE OTHERS.” – ROMANS 12:4-5

“INSTEAD, SPEAKING THE TRUTH IN LOVE, WE WILL GROW TO BECOME IN EVERY RESPECT THE MATURE BODY OF HIM WHO IS THE HEAD, THAT IS, CHRIST. FROM HIM THE WHOLE BODY, JOINED AND HELD TOGETHER BY EVERY SUPPORTING LIGAMENT, GROWS AND BUILDS ITSELF UP IN LOVE...” – EPHESIANS 4:15-16

“AND LET US CONSIDER HOW WE MAY SPUR ONE ANOTHER ON TOWARD LOVE AND GOOD DEEDS, NOT GIVING UP MEETING TOGETHER, AS SOME ARE IN THE HABIT OF DOING, BUT ENCOURAGING ONE ANOTHER—AND ALL THE MORE AS YOU SEE THE DAY APPROACHING.” – HEBREWS 10:24-25

DAY 17

THE FIELDS

Jesus often used the metaphor of fields to describe the spiritual reality of the world around us. Fields represent opportunities, potential, and the readiness of people's hearts to receive the gospel. In John 4:35, Jesus tells His disciples, "Open your eyes and look at the fields! They are ripe for harvest." With these words, Jesus was calling His followers to see the world as He does—not as a place of overwhelming challenges, but as a field ripe for a spiritual harvest.

Harvesting in the spiritual sense isn't about forcing people to believe or manipulating them into a decision. It's about recognizing that God is already at work in people's hearts, drawing them to Himself. Our role is to participate in what God is doing, to share the message of

Jesus with those around us, and to love people in a way that points them to Christ. God has chosen to involve us in the harvest—not because He needs us—but because He loves us and wants us to experience the joy of seeing lives transformed by His grace.

The truth is that the fields are still ripe today. Every person you encounter has a story, struggles, and deep longings that only God can fill. They may not realize it yet, but God has placed eternity in their hearts (Ecclesiastes 3:11), and He is already at work in their lives—even if you or they can't see it. The invitation to engage in the harvest isn't just for pastors, evangelists, or “super Christians”—it's for every follower of Jesus. You don't have to have all the answers or a polished presentation. You simply need to be willing to share your story, to show love, and to point people to the One who has changed your life.

Jesus once said, “The harvest is plentiful, but the workers are few” (Matthew 9:37). That statement is still true today. God is looking for willing workers—people who will step into the fields with eyes open, ready to share the good news with those who are searching. Being part of the harvest requires boldness, patience, and a willingness to engage with people right where they are. It's about building relationships, asking questions, listening well, and allowing the Holy Spirit to guide your words.

Today is about seeing the world through Jesus' eyes. It's about looking beyond the surface and recognizing that every person you meet is someone God loves deeply

and that He desires to know personally. It's about being available to God's leading, open to opportunities to share your faith, and trusting that He will use you as part of His harvest. The fields are ripe, the harvest is ready, and God is calling you to step out and be a part of His redemptive work. Will you say "yes" to the call?

START DEVOTIONAL

SCRIPTURE

“THEN HE SAID TO HIS DISCIPLES, ‘THE HARVEST IS PLENTIFUL BUT THE WORKERS ARE FEW. ASK THE LORD OF THE HARVEST, THEREFORE, TO SEND OUT WORKERS INTO HIS HARVEST FIELD.’”

- MATTHEW 9:37-38

TRUTH

GOD INVITES YOU TO JOIN THE HARVEST.

APPLICATION

WHO IS ONE PERSON IN YOUR LIFE THAT YOU SENSE GOD MIGHT BE PREPARING FOR THE HARVEST OF ACCEPTING SALVATION?

HOW CAN YOU TAKE A STEP TOWARD SHARING THE LOVE OF JESUS WITH THEM?

RESPONSE

PRAY SPECIFICALLY FOR GOD TO OPEN DOORS FOR CONVERSATIONS ABOUT FAITH WITH THE PERSON HE HAS PLACED ON YOUR HEART. ASK FOR BOLDNESS, WISDOM, AND SENSITIVITY TO THE HOLY SPIRIT'S LEADING AS YOU ENGAGE WITH THEM.

TELL

SHARE WITH A FRIEND OR SMALL GROUP ABOUT SOMEONE YOU ARE PRAYING FOR AND HOW YOU HOPE TO BE PART OF THE HARVEST IN THEIR LIFE. INVITE THEM TO PRAY WITH YOU AND HOLD YOU ACCOUNTABLE AS YOU REACH OUT TO THAT PERSON.

GOING DEEPER

PRACTICAL ACTIVITY

TODAY, TAKE A **“PRAYER WALK.”** CHOOSE A NEIGHBORHOOD, WORK-PLACE, SCHOOL, OR PUBLIC SPACE WHERE YOU FREQUENTLY SPEND TIME. AS YOU WALK, PRAY OVER THE AREA, ASKING GOD TO REVEAL THE SPIRITUAL NEEDS OF THE PEOPLE THERE. PRAY FOR OPEN HEARTS, DIVINE APPOINTMENTS, AND OPPORTUNITIES TO SHARE THE GOSPEL. IF YOU FEEL LED, TAKE TIME TO TALK WITH PEOPLE YOU MEET OR LOOK FOR NATURAL WAYS TO ENGAGE IN CONVERSATION. KEEP A JOURNAL TO NOTE ANY OBSERVATIONS, ENCOUNTERS, OR PROMPTS YOU FEEL FROM GOD DURING THIS TIME. USE THIS AS A STARTING POINT FOR ONGOING PRAYER AND INTENTIONAL ENGAGEMENT WITH THOSE AROUND YOU.

ADDITIONAL READING

*“DON’T YOU HAVE A SAYING, ‘IT’S STILL FOUR MONTHS UNTIL HARVEST?’ I TELL YOU, OPEN YOUR EYES AND LOOK AT THE FIELDS! THEY ARE RIPE FOR HARVEST.” - **JOHN 4:35***

*“THEN JESUS CAME TO THEM AND SAID, ‘ALL AUTHORITY IN HEAVEN AND ON EARTH HAS BEEN GIVEN TO ME. THEREFORE GO AND MAKE DISCIPLES OF ALL NATIONS...’” - **MATTHEW 28:19***

*“HOW, THEN, CAN THEY CALL ON THE ONE THEY HAVE NOT BELIEVED IN? AND HOW CAN THEY BELIEVE IN THE ONE OF WHOM THEY HAVE NOT HEARD? AND HOW CAN THEY HEAR WITHOUT SOMEONE PREACHING TO THEM?” - **ROMANS 10:14-15***

DAY 18

MY HOUSE

Spiritual leadership begins at home. Whether you're single, married, raising children, or living with extended family—your house is your first ministry. It's the place where faith is lived out daily through actions, habits, and choices. God has given you a unique sphere of influence within your family, and He calls you to lead with intentionality, love, and grace. This doesn't mean you have to be perfect or have all the answers—it means that you are being committed to living out your faith authentically, allowing those closest to you to see Christ in the way you lead, love, and serve.

In Joshua 24:15, Joshua makes a powerful declaration: “But as for me and my household, we will serve the Lord.” His decision wasn't just about his personal faith; he was

committing to lead his household in following God. This kind of spiritual leadership is about creating an environment where God is honored, His Word is central, and His presence is welcomed. It's about prioritizing prayer, engaging in conversations about faith, and modeling what it means to walk with God through every season of life—both the good and the hard times.

Being a spiritual leader in your home doesn't mean having a title or position; it means leading by example. Leadership is shown through humility, asking for forgiveness when you fall short and demonstrating a genuine relationship with God that impacts every aspect of your daily life. It's about prioritizing what matters most—time with God, discipleship, and creating an environment where faith is nurtured and encouraged.

For those with children in their homes, spiritual leadership means shepherding their hearts, teaching them the ways of God, and being present in their lives. It's about intentionally creating opportunities to talk about God's goodness, to read His Word together, and to pray as a family. For those who are married, it's about loving your spouse in a way that reflects Christ's sacrificial love and prioritizing your spiritual growth together. Even if you're living alone or with friends, your home can still be a space where God's presence is prioritized and hospitality is extended to those who need to experience His love.

Today is about making a declaration over your home, just like Joshua did: "My house will be a place where God

is honored and where faith is lived out daily.” You’re taking intentional steps to lead spiritually in your unique context, to love those under your roof well, and to create an atmosphere where God’s presence is welcome. No matter your family dynamic or circumstances, God can use you to be a light and a spiritual leader in your home.

START DEVOTIONAL

SCRIPTURE

*"BUT AS FOR ME AND MY HOUSEHOLD, WE WILL SERVE THE LORD."
- JOSHUA 24:15B*

TRUTH

*YOUR HOME IS YOUR FIRST MISSION FIELD, LEAD WITH LOVE, GRACE,
AND INTENTIONALITY.*

APPLICATION

WHAT IS ONE SPECIFIC WAY YOU CAN TAKE SPIRITUAL LEADERSHIP IN YOUR HOME THIS WEEK? HOW CAN YOU CREATE AN ENVIRONMENT THAT NURTURES FAITH AND HONORS GOD?

RESPONSE

TAKE A STEP TODAY TO LEAD SPIRITUALLY IN YOUR HOME—WHETHER IT'S INITIATING A FAMILY PRAYER TIME, STARTING A BIBLE STUDY, OR SIMPLY BEING INTENTIONAL ABOUT HAVING A FAITH-FILLED CONVERSATION WITH A LOVED ONE.

TELL

SHARE WITH A CLOSE FRIEND OR MENTOR ABOUT YOUR DESIRE TO LEAD SPIRITUALLY IN YOUR HOME AND ASK THEM TO PRAY FOR YOU AS YOU TAKE THIS STEP. CONSIDER INVITING THEM INTO THE JOURNEY WITH YOU FOR SUPPORT AND ENCOURAGEMENT.

GOING DEEPER

PRACTICAL ACTIVITY

TODAY CREATE A **“SPIRITUAL LEADERSHIP PLAN FOR YOUR HOME.”** BEGIN BY PRAYING AND ASKING GOD TO GUIDE YOU AS YOU LEAD SPIRITUALLY IN YOUR HOUSEHOLD. THEN TAKE A FEW MOMENTS TO WRITE DOWN SPECIFIC GOALS OR PRACTICES YOU WANT TO IMPLEMENT TO CREATE A FAITH-CENTERED ENVIRONMENT. THESE COULD INCLUDE ESTABLISHING A FAMILY DEVOTIONAL TIME, PRAYING TOGETHER BEFORE MEALS OR BEDTIME, READING A CHAPTER OF THE BIBLE TOGETHER EACH WEEK, AND EVEN DESIGNATING A REGULAR TIME FOR DISCUSSING SPIRITUAL MATTERS. IF YOU HAVE CHILDREN, CONSIDER SETTING UP A PRAYER BOARD WHERE YOU CAN WRITE DOWN FAMILY PRAYER REQUESTS. KEEP THIS PLAN VISIBLE AS A REMINDER AND COMMIT TO STARTING WITH ONE SMALL STEP THIS WEEK.

ADDITIONAL READING

“THESE COMMANDMENTS THAT I GIVE YOU TODAY ARE TO BE ON YOUR HEARTS. IMPRESS THEM ON YOUR CHILDREN. TALK ABOUT THEM WHEN YOU SIT AT HOME AND WHEN YOU WALK ALONG THE ROAD, WHEN YOU LIE DOWN AND WHEN YOU GET UP.”

- **DEUTERONOMY 6:6-7**

*“START CHILDREN OFF ON THE WAY THEY SHOULD GO, AND EVEN WHEN THEY ARE OLD THEY WILL NOT TURN FROM IT.” - **PROVERBS 22:6***

“FATHERS, DO NOT EXASPERATE YOUR CHILDREN; INSTEAD, BRING THEM UP IN THE TRAINING AND INSTRUCTION OF THE LORD.”

- **EPHESIANS 6:4**

DAY 19

INTENTIONALLY WEIRD

Have you ever felt a little out of place because of your faith? Maybe you've been the only one in a group setting who isn't participating in gossip, who isn't laughing at an inappropriate joke, or who chooses to live by a different set of values. It can make you feel “weird”—like you don't quite fit in. But here's the truth: being a follower of Jesus means you're not supposed to fit in. In fact, you were created to stand out. You were made to be intentionally different from the world around you—a light in the darkness, a city on a hill, a person who lives by a higher standard (Matthew 5).

Being “intentionally weird” isn't about being strange for the sake of it; it's about living a life that reflects God's kingdom instead of conforming to the world's patterns.

In Romans 12:2, Paul urges believers, “Do not conform to the pattern of this world, but be transformed by the renewing of your mind.” This call to be different is an invitation to live a life that honors God, even when it goes against the cultural norm. It’s about being intentional in the way you think, speak, and act by making choices that might seem strange to the world but are rooted in God’s truth.

God has uniquely designed you with a purpose that sets you apart. Your values, priorities, and choices may not always make sense to those around you, and that’s okay. Jesus Himself was “weird” by the world’s standards. He ate with sinners, showed kindness to the outcasts, challenged the religious norms, and flipped the expectations of society upside down. His life was a radical departure from what people expected, and He calls His followers to do the same.

Living intentionally different means that your life won’t always align with the world’s definition of success, happiness, or fulfillment. You may choose to forgive when others seek revenge, to give generously when others hoard, or to remain faithful when it’s easier to walk away. This way of life is about being unashamed of the gospel, pursuing holiness, and seeking to please God above all else. You weren’t created to blend in—you were created to be a visible witness of God’s love, grace, and truth.

Today we are embracing the fact that you are “weird” by design—not in a negative way, but in a way that reflects the

uniqueness of God's calling on your life. You're choosing to live in a way that's intentionally different from the culture around you because you belong to a different kingdom. Being "weird" for Jesus isn't about self-righteousness or drawing attention to yourself; it's about pointing others to Him. Will you be bold enough to embrace the unique purpose God has given you—even if it makes you possibly stand out?

START DEVOTIONAL

SCRIPTURE

“DO NOT CONFORM TO THE PATTERN OF THIS WORLD, BUT BE TRANSFORMED BY THE RENEWING OF YOUR MIND. THEN YOU WILL BE ABLE TO TEST AND APPROVE WHAT GOD’S WILL IS—HIS GOOD, PLEASING AND PERFECT WILL.” – ROMANS 12:2

TRUTH

YOU WERE MADE TO STAND OUT FOR GOD’S GLORY.

APPLICATION

WHAT IS ONE AREA OF YOUR LIFE WHERE GOD IS CALLING YOU TO BE INTENTIONALLY DIFFERENT FROM THE WORLD’S STANDARDS? HOW CAN YOU EMBRACE THAT TODAY?

RESPONSE

TAKE A STEP OF BOLDNESS THIS WEEK IN AN AREA WHERE GOD HAS CALLED YOU TO STAND OUT. IT MIGHT BE MAKING A COUNTERCULTURAL CHOICE, SPEAKING UP FOR WHAT'S RIGHT, OR SIMPLY LIVING IN A WAY THAT ALIGNS WITH GOD'S VALUES.

TELL

SHARE WITH A FRIEND OR SMALL GROUP WHAT IT MEANS TO YOU TO BE "INTENTIONALLY WEIRD" FOR JESUS. ENCOURAGE THEM TO EMBRACE THEIR UNIQUE PURPOSE AND TO LIVE BOLDLY FOR CHRIST.

GOING DEEPER

PRACTICAL ACTIVITY

TODAY, CREATE A “**DECLARATION OF DIFFERENCE.**” FIND A QUIET SPACE AND WRITE DOWN THREE WAYS GOD IS CALLING YOU TO BE INTENTIONALLY DIFFERENT FROM THE WORLD’S STANDARDS. THESE COULD BE AREAS LIKE GENEROSITY, FORGIVENESS, PURITY, HONESTY, HUMILITY, OR LOVING YOUR ENEMIES. WRITE A PERSONAL DECLARATION FOR EACH AREA, SUCH AS, “I CHOOSE TO BE GENEROUS BECAUSE I TRUST GOD AS MY PROVIDER,” OR “I CHOOSE TO FORGIVE BECAUSE CHRIST HAS FORGIVEN ME.” KEEP THIS DECLARATION SOMEWHERE VISIBLE AS A REMINDER TO LIVE INTENTIONALLY FOR GOD’S GLORY. SHARE ONE PART OF YOUR DECLARATION WITH A FRIEND OR ACCOUNTABILITY PARTNER FOR ENCOURAGEMENT.

ADDITIONAL READING

“YOU ARE THE LIGHT OF THE WORLD. A TOWN BUILT ON A HILL CANNOT BE HIDDEN... LET YOUR LIGHT SHINE BEFORE OTHERS, THAT THEY MAY SEE YOUR GOOD DEEDS AND GLORIFY YOUR FATHER IN HEAVEN.” - MATTHEW 5:14-16

“BUT YOU ARE A CHOSEN PEOPLE, A ROYAL PRIESTHOOD, A HOLY NATION, GOD’S SPECIAL POSSESSION, THAT YOU MAY DECLARE THE PRAISES OF HIM WHO CALLED YOU OUT OF DARKNESS INTO HIS WONDERFUL LIGHT.” - 1 PETER 2:9

“I HAVE GIVEN THEM YOUR WORD, AND THE WORLD HAS HATED THEM, FOR THEY ARE NOT OF THE WORLD ANY MORE THAN I AM OF THE WORLD...” - JOHN 17:14

DAY 20

NOTHING IS WASTED

Have you ever gone through a season of life that seemed pointless or felt like a total loss? Maybe it was a time of deep struggle, failure, or heartbreak. Perhaps it was a season of waiting, where everything seemed to be on pause, or even a period when your efforts didn't seem to bear any fruit. In those moments it's easy to wonder if any of it mattered—if anything good could come out of the pain, disappointment, or confusion. But the Bible reveals a powerful truth: with God, nothing is wasted!

God is a Redeemer. He has a unique way of taking the broken, messy, and seemingly meaningless parts of our lives and turning them into something beautiful. Romans 8:28 tells us, “And we know that in all things God works for the good of those who love Him, who have been called

according to His purpose.” This verse doesn’t mean that everything that happens is good, but that God can work all things—even the hardest and most painful experiences—for good. He uses everything to shape us, grow us, and draw us closer to Him.

Throughout Scripture, we see examples of God using unlikely circumstances to bring about His purpose. Joseph, who was betrayed by his brothers and sold into slavery, saw God use his years of hardship to save an entire nation from famine (Genesis 47). Ruth, a widow from a foreign land, became the great-grandmother of King David and part of the lineage of Jesus (Ruth 4, Matthew 1). Paul, once a persecutor of Christians, became one of the greatest apostles who spread the gospel to the nations (1 Corinthians 15:9-10). In each case, God took what seemed wasted or broken and used it to accomplish His plan.

The same is true in your life. God doesn’t waste your pain, your struggles, or even your failures. He sees the full picture when we only see a piece. What feels like a detour to you may actually be the exact path God is using to shape you into the person He created you to be. The times when you feel most broken can become the moments when God’s strength shines the brightest. Your waiting season may be preparing you for something you can’t yet see, and the lessons learned in hardship often become the very things that equip you to minister to others.

Today is about embracing the truth that God doesn’t

see anything in your life as wasted—not a single moment, experience, or tear. We need to be trusting that He is at work, even when we don't understand. God is saying to you that He can redeem and restore every part of your story. You don't have to pretend that the hard times are easy or that the losses don't hurt. But you can hold onto the promise that God is weaving every thread into a tapestry that reflects His grace and glory. When you surrender the broken pieces to Him, He turns them into something beautiful.

START DEVOTIONAL

SCRIPTURE

"AND WE KNOW THAT IN ALL THINGS GOD WORKS FOR THE GOOD OF THOSE WHO LOVE HIM, WHO HAVE BEEN CALLED ACCORDING TO HIS PURPOSE." - ROMANS 8:28

TRUTH

IN GOD'S HANDS, EVEN THE BROKEN PIECES ARE NOT WASTED, BUT BECOME PART OF A BEAUTIFUL STORY.

APPLICATION

THINK ABOUT A CHALLENGING OR PAINFUL SEASON YOU'VE EXPERIENCED. HOW CAN YOU SEE GOD'S HAND AT WORK-EVEN IF YOU DON'T FULLY UNDERSTAND WHY IT HAPPENED? WHAT MIGHT HE BE TEACHING YOU THROUGH THE EXPERIENCE OF THAT SEASON?

RESPONSE

SPEND TIME IN PRAYER, THANKING GOD FOR HIS FAITHFULNESS EVEN IN THE HARD TIMES. WRITE DOWN ONE AREA OF YOUR LIFE THAT YOU HAVE STRUGGLED TO SEE GOD'S PURPOSE IN. ASK HIM TO REVEAL HOW HE MIGHT BE USING IT FOR GOOD.

TELL

SHARE WITH SOMEONE A STORY OF HOW GOD HAS TAKEN A DIFFICULT SITUATION IN YOUR LIFE AND USED IT FOR HIS GLORY. ENCOURAGE THEM TO TRUST THAT GOD DOESN'T WASTE ANYTHING, EVEN WHEN IT'S HARD TO SEE.

GOING DEEPER

PRACTICAL ACTIVITY

TODAY, CREATE A “**GOD’S REDEMPTION JOURNAL.**” TAKE SOME TIME TO REFLECT ON THE DIFFERENT SEASONS OF YOUR LIFE—BOTH THE GOOD AND THE BAD. CHOOSE ONE CHALLENGING OR PAINFUL EXPERIENCE THAT STILL FEELS UNRESOLVED OR THAT YOU’VE WONDERED IF GOD CAN REDEEM. WRITE DOWN WHAT HAPPENED, HOW IT MADE YOU FEEL, AND WHAT YOU’VE LEARNED SINCE THEN. LEAVE SPACE AT THE BOTTOM OF THE PAGE TO WRITE DOWN ANY WAYS YOU’VE SEEN GOD USE THAT EXPERIENCE FOR GOOD. IF YOU DON’T SEE ANY EVIDENCE YET, WRITE A PRAYER ASKING GOD TO SHOW YOU HOW HE IS AT WORK. KEEP THIS JOURNAL TO REVISIT AND ADD TO—AS GOD CONTINUES TO REVEAL HIS PURPOSE IN YOUR STORY.

ADDITIONAL READING

“YOU INTENDED TO HARM ME, BUT GOD INTENDED IT FOR GOOD TO ACCOMPLISH WHAT IS NOW BEING DONE, THE SAVING OF MANY LIVES.”

– **GENESIS 50:20**

“THEREFORE WE DO NOT LOSE HEART. THOUGH OUTWARDLY WE ARE WASTING AWAY, YET INWARDLY WE ARE BEING RENEWED DAY BY DAY. FOR OUR LIGHT AND MOMENTARY TROUBLES ARE ACHIEVING FOR US AN ETERNAL GLORY THAT FAR OUTWEIGHS THEM ALL.”

– **2 CORINTHIANS 4:16-17**

“I WILL REPAY YOU FOR THE YEARS THE LOCUSTS HAVE EATEN—THE GREAT LOCUST AND THE YOUNG LOCUST, THE OTHER LOCUSTS AND THE LOCUST SWARM—MY GREAT ARMY THAT I SENT AMONG YOU.”

– **JOEL 2:25**

DAY 21

LORD OF THE SABBATH

In our fast-paced, always-on world, the idea of Sabbath—a day set aside for rest and worship—can feel both foreign and challenging. Many of us approach Sabbath as just another day off, a time to catch up on chores, binge-watch a show, or finish tasks that have been piling up. But true Sabbath, as God designed it, is about much more than simply “taking a break”. God wants us to be intentionally pausing to rest, refocus, and recognize that He—not us—is in control.

In Mark 2:27-28 Jesus declares: “The Sabbath was made for man, not man for the Sabbath. So the Son of Man is Lord even of the Sabbath.” With these words Jesus was confronting a misunderstanding of Sabbath among the Jewish people of His time. Religious leaders had turned

the Sabbath into a rigid set of rules that people had to follow to the letter. But Jesus was reminding them—and us—that Sabbath isn't about following a specific set of mandates or simply taking a day off from work. We should be recognizing that God is the true source of rest and that He is the one who dictates what that rest looks like.

Too often we try to define Sabbath on our own terms. We decide what feels restful to us and fits it into our busy schedules, But we rarely pause to ask God what He wants our Sabbath to look like. The result is that even our “rest” can leave us feeling exhausted, distracted, or disconnected from God. True Sabbath isn't something we control—it's something we receive from the Lord of the Sabbath: Jesus Christ Himself. We need to be submitting to His definition of rest, trusting that He knows what we need even better than we do.

The Sabbath is a **gift** from God—a time to cease striving, to step away from productivity, and to remember that our worth is not based on what we achieve. It's an opportunity to reconnect with God, to experience His peace, and to realign our hearts with His purposes. When Jesus says that He is the “Lord of the Sabbath”, He is asking us to let Him dictate how we approach rest. It's about shifting from a “me-centered” view of rest to a “God-centered” view, where we rest in His presence, trust in His provision, and find renewal in His Word.

Today is about laying down your own ideas of rest and embracing the rest that Jesus offers. Ask Him to show you

what Sabbath truly looks like in your life—whether it’s setting aside a full day to rest in Him or creating moments of intentional worship and reflection throughout your week. True Sabbath should not be a burden, but a gift that refreshes your soul and draws you closer to the God who loves you. Will you allow Jesus, the Lord of the Sabbath, to dictate what your rest should look like?

START DEVOTIONAL

SCRIPTURE

“THEN HE SAID TO THEM, ‘THE SABBATH WAS MADE FOR MAN, NOT MAN FOR THE SABBATH. SO THE SON OF MAN IS LORD EVEN OF THE SABBATH.’” - MARK 2:27-28

TRUTH

TRUE REST ISN'T SOMETHING YOU CREATE-IT'S SOMETHING YOU RECEIVE FROM THE LORD OF THE SABBATH.

APPLICATION

WHAT DOES YOUR CURRENT VIEW OF REST LOOK LIKE? HOW MIGHT IT CHANGE IF YOU ALLOWED JESUS TO DICTATE WHAT SABBATH SHOULD BE LIKE IN YOUR LIFE?

RESPONSE

TAKE TIME THIS WEEK TO ASK GOD WHAT HE WANTS YOUR SABBATH TO LOOK LIKE. WHETHER IT'S SETTING ASIDE A DAY OR A SERIES OF MOMENTS FOR INTENTIONAL REST, LISTEN FOR HIS GUIDANCE AND COMMIT TO FOLLOWING HIS PROMPTING.

TELL

SHARE WITH A FRIEND OR FAMILY MEMBER WHAT IT MEANS TO YOU THAT JESUS IS THE LORD OF THE SABBATH AND HOW YOU PLAN TO HONOR HIM BY FOLLOWING HIS DEFINITION OF REST IN YOUR LIFE.

GOING DEEPER

PRACTICAL ACTIVITY

TODAY, CREATE A “**SABBATH PLAN**” BY SEEKING GOD’S DIRECTION FOR HOW YOU SHOULD SPEND YOUR TIME OF REST. BEGIN BY SPENDING TIME IN PRAYER, ASKING GOD TO REVEAL HOW HE WANTS YOU TO STRUCTURE YOUR SABBATH. WRITE DOWN A FEW QUESTIONS: WHAT ACTIVITIES TRULY REFRESH YOUR SOUL AND DRAW YOU CLOSER TO GOD? WHAT DISTRACTIONS OR TASKS NEED TO BE SET ASIDE? WHAT WILL HELP YOU RECONNECT WITH GOD AND REFOCUS YOUR HEART ON HIM? BASED ON YOUR ANSWERS, CREATE A SIMPLE PLAN FOR YOUR NEXT SABBATH, INCLUDING TIME FOR WORSHIP, PRAYER, REFLECTION, AND REST. COMMIT TO FOLLOWING THIS PLAN- NOT OUT OF OBLIGATION- BUT AS A WAY TO HONOR GOD AND RECEIVE THE REST HE OFFERS.

ADDITIONAL READING

*“REMEMBER THE SABBATH DAY BY KEEPING IT HOLY. SIX DAYS YOU SHALL LABOR AND DO ALL YOUR WORK, BUT THE SEVENTH DAY IS A SABBATH TO THE LORD YOUR GOD...” - **EXODUS 20:8-10***

*“COME TO ME, ALL YOU WHO ARE WEARY AND BURDENED, AND I WILL GIVE YOU REST. TAKE MY YOKE UPON YOU AND LEARN FROM ME, FOR I AM GENTLE AND HUMBLE IN HEART, AND YOU WILL FIND REST FOR YOUR SOULS.” - **MATTHEW 11:28-30***

*“THERE REMAINS, THEN, A SABBATH-REST FOR THE PEOPLE OF GOD; FOR ANYONE WHO ENTERS GOD’S REST ALSO RESTS FROM THEIR WORKS, JUST AS GOD DID FROM HIS. LET US, THEREFORE, MAKE EVERY EFFORT TO ENTER THAT REST...” - **HEBREWS 4:9-11***

CONCLUSION

THIS ISN'T THE FINISH LINE

You've reached the end of these 21 days. But here's something important to realize: **this isn't the finish line.** In fact, it's just the beginning. The last few weeks have been about reorienting your heart, realigning your focus, and re-establishing your connection with God. But walking with God is a continued journey—one that doesn't end at the conclusion of a devotional series. This journey continues every day of your life.

You've taken a fresh start, but it's not meant to stop here. What God has been doing in your heart over the past 21 days is just the beginning in an ongoing, transformative relationship with Him. It's a relationship that is meant to grow, deepen, and expand into every corner of your life from every single day here on forward.

So, if you're feeling a sense of accomplishment right now, that's good—God has been at work in you, and that's something worth celebrating! But I also want to challenge you to take this moment as an invitation to keep pressing forward, to keep growing, and to keep living out the things God has been teaching you. Because as wonderful as these past 21 days have been, **the best is yet to come.**

THE ONGOING JOURNEY OF FAITH

One of the most important things to understand about your walk with God is that it is not stagnant. Faith is dynamic—it moves, it grows, and it evolves. Just as you've been shaped and transformed over the past few weeks, God will continue to shape and transform you in the days, months, and years ahead. Your journey of faith is one of continuous discovery and deepening.

Philippians 1:6 reminds us of this truth: “Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus.” God's work in your life isn't finished. There is so much more that God wants to do in and through you. You are a work in progress, and that's a beautiful thing! It means that you're still growing. You're still becoming the person God created you to be.

This truth is echoed again in Philippians 3:13-14, where Paul writes, “Forgetting what is behind and strain-

ing toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.” Paul understood that faith is about **pressing on**—about moving forward, even when we’ve already made progress. He didn’t see his spiritual journey as something that would ever be finished in his lifetime.

The mindset I want to encourage you to embrace as you conclude this journey is this: **you’re pressing on!** The progress you’ve made is wonderful, but there’s still more ahead. God is calling you deeper. There are new things to learn, new areas of your heart to surrender, and new ways to live out your faith. The journey doesn’t end here—it continues!

BUILDING ON THE FOUNDATION YOU’VE ESTABLISHED

Think of the past 21 days as a foundation that has been laid. You’ve spent time rediscovering who you are in Christ, making your faith personal, practical, and purposeful. That foundation is strong and secure, but now it’s time to **build on it**.

Jesus spoke about the importance of building on a solid foundation in Matthew 7:24-25: “Therefore everyone who hears these words of Mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and

beat against that house; yet it did not fall, because it had its foundation on the rock.”

Over the past 21 days, you’ve been hearing the words of the Bible and putting them into practice. You’ve been laying a foundation of trust, obedience, and surrender. Now, as you move forward, the challenge is to keep building by putting His words into practice—even when the storms of life come. Because, the truth is, storms will come. There will be days when you feel distant from God, life gets overwhelming, and doubts creep in. But if you’ve built your life on the solid foundation of Christ, you will stand firm.

So, what does it look like to “keep building”? It means continuing to do the things you’ve learned over these past few weeks. It means maintaining a daily rhythm of spending time with God in prayer and in His Word. It means staying connected to your spiritual community, seeking accountability, and staying grounded in the truth of Scripture. And it means being intentional about living out your faith in tangible ways—serving others, sharing your testimony, and letting the love of Christ shine through you wherever you go.

LIVING WITH EXPECTATION

One of the most exciting aspects of walking with God is the sense of expectation that comes with it. When you live

in step with the Holy Spirit, you begin to anticipate that God will show up in your life in unexpected ways. You start to look for His hand—even in the details. You trust that He is guiding you—even when the path is unclear.

Ephesians 3:20-21 says, “Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, to Him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.” God is able to do **immeasurably more** than you can imagine. That means that no matter how much progress you’ve made, no matter how far you’ve come, there is always more ahead. More growth. More grace. More transformation.

As you move forward after our 21 days together, I want to encourage you to live with a sense of holy expectation. Expect that God will continue to work in your life in new and powerful ways. Expect that He will guide you, challenge you, and strengthen you. Expect that He will reveal new aspects of His character and purpose to you. And expect that even though the journey will sometimes be difficult, that He will be with you every step of the way.

EMBRACING THE PROCESS

Living with purpose, in relationship with God, is a lifelong process. There will be moments of victory and moments of struggle. There will be seasons of clarity and

seasons of waiting. But through it all, God is at work, shaping you into the image of Christ.

In 2 Corinthians 3:18, Paul writes, “And we all, who with unveiled faces contemplate the Lord’s glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.” This transformation isn’t something that happens overnight. It’s a process—a continual shaping, molding, and refining as you walk with God. And it’s a process that will continue until the day you stand before Him in eternity.

One of the greatest challenges in our faith journey is learning to embrace the process. We live in a world that values instant results, but spiritual growth doesn’t work that way. It takes time. It takes perseverance. It takes faith to trust that God is working, even when you don’t see the full picture yet.

But here’s the beautiful truth: God is **patient** with you, and He is **committed** to your growth. Philippians 1:6 reminds us that “He who began a good work in you will carry it on to completion until the day of Christ Jesus.” God isn’t finished with you yet. He will continue to work in your life, refining you, shaping you, and drawing you closer to Himself. Your role is to remain faithful, trusting that He knows exactly what He’s doing.

KEEPING YOUR EYES ON THE ULTIMATE PRIZE

As you continue on this journey of faith, it's important to keep your eyes on the ultimate prize: **Jesus Christ Himself**. At the end of the day, the goal of your faith is not just spiritual growth or personal transformation—it's knowing Christ and becoming more like Him.

In Philippians 3:10-11, Paul writes, "I want to know Christ—yes, to know the power of His resurrection and participation in His sufferings, becoming like Him in His death, and so, somehow, attaining to the resurrection from the dead." Paul's deepest desire was to know Jesus, to walk with Him, and to be transformed into His likeness. That is the ultimate goal of our faith—not just to live with purpose, but to live in relationship with the One who gives us that purpose.

As you move forward from these 21 days, keep your eyes on Jesus. He is the author and finisher of your faith (Hebrews 12:2). He is the one who guides you, strengthens you, and walks with you every step of the way. And He is the ultimate prize—the One who satisfies your soul and gives your life meaning.

ABOUT THE AUTHOR

Nick Newman is the founder and lead pastor of Propel Church in Mount Pleasant, NC. Since starting Propel in 2015, Nick has had the opportunity to coach, train, and help pastors all around the world. In 2019, He released his first book “Bridge the Gap”, a guide to help new communicators craft messages that are biblically sound and engaging. In 2020, after going through the hardships of the pandemic and talking with pastors who were tired, Nick decided to start the Lead Pastor Getaway. Nick’s passion is to help pastors stay in the game for the long-run but to do that rest must be a priority. Selah Leaders was born in 2022 as a non-profit that provides leaders with resources for rest and longevity. To learn more about Selah Leaders please visit [***www.selahleaders.com***](http://www.selahleaders.com). While serving pastors, Nick discovered a love for fly fishing and the ability to get out into the beautiful mountains of North Carolina.



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