

PARENTS, YOU'VE GOT THIS!

- 1. Keep it short. The goal is connection, not perfection.
- 2. Keep it conversational. You don't have to have all the answers—just listen and share from your heart.
- **3. Keep it consistent.** The real power comes when your kids see faith modeled every day, even for five minutes.



DAY 1: GOD ALWAYS KEEPS HIS PROMISES

BIG IDEA: EVEN WHEN LIFE FEELS DARK, GOD KEEPS HIS PROMISES

Before you begin, dim the lights or turn them off for a moment to help your kids imagine what darkness feels like. Then turn on a small light or candle when you read the verse.

SCRIPTURE: "The people who walk in darkness will see a great light." - Isaiah 9:2a (NLT)

TALK ABOUT IT:

When things feel hard or we don't understand what God is doing, He still keeps His promises, just like He promised to send Jesus!

Pre-K: What makes you feel safe when it's dark?

K-5th: What's a promise you've had to wait a long

time for?

PRAYER:

"Jesus, thank You that You always keep Your promises. Help us remember that You are our light when things feel dark. Amen."

TAKE ACTION:

Light a candle or turn on a light tonight and thank God that His light still shines in the darkness.



DAY 2: GOD USES ORDINARY THINGS

BIG IDEA: GOD CAN USE ORDINARY PEOPLE AND PLACES FOR EXTRAORDINARY THINGS

Share a story about a time you thought something small or unimportant ended up mattering more than you expected. This will help kids connect the lesson to real life.

SCRIPTURE: "But you, O Bethlehem...are only a small village...Yet a ruler of Israel...will come from you..."

Micah 5:2 (NLT)

TALK ABOUT IT:

Bethlehem wasn't a big or fancy city, but that's where Jesus was born. God loves to use small things to do big things!

Pre-K: What's something small that can do something big?

K-5th: Why do you think God chose a small town instead of a big city?

PRAYER:

"Jesus, thank You for using ordinary people like us. Help us listen to You and do what You ask. Amen."

TAKE ACTION:

Find something small around the house (a penny, LEGO, or seed). Talk about how even small things can make a big difference when God is involved.



DAY 3: MAKE ROOM FOR JESUS

BIG IDEA: DON'T LET BUSYNESS CROWD OUT TIME WITH JESUS

Ask your family what their favorite parts of Christmas are, then talk about how easy it is to stay busy doing things about Christmas and forget who Christmas is for.

SCRIPTURE: "And she brought forth her firstborn Son, and wrapped Him in swaddling cloths, and laid Him in a manger, because there was no room for them in the inn." - Luke 2:7 (NKJV)

TALK ABOUT IT:

The inn was too full for Jesus. Sometimes our hearts get too full of other things. Let's make space for Him today.

Pre-K: What can we do to make room for

Jesus today?

K-5th: What are some things that distract us from

spending time with God?

PRAYER:

"Jesus, we want to make room for You. Help us slow down and focus on what matters most. Amen."

TAKE ACTION:

Take one quiet minute together—no talking, no screens. Just thank Jesus for being with you.



DAY 4: GOOD NEWS FOR EVERYONE

BIG IDEA: THE GOOD NEWS OF JESUS IS FOR EVERYONE

Today is a great day to talk about kindness, empathy, and inclusion. Emphasize that God's love isn't just for people like us—it's for all people.

SCRIPTURE: "I bring you good news that will bring great joy to all people." - Luke 2:10b (NLT)

TALK ABOUT IT:

When the angels told the shepherds the good news first, it showed us that Jesus came for everyone—even people others might overlook.

Pre-K: Who do you think Jesus loves?

K-5th: Why do you think God told shepherds

first?

PRAYER:

"Jesus, thank You for loving everyone. Help us show Your love to others this Christmas. Amen."

TAKE ACTION:

Do one act of kindness today as a family—bake cookies for a neighbor, write a thank-you note, or help someone in need.



DAY 5: PEACE IN THE MIDDLE OF IT ALL

BIG IDEA: JESUS BRINGS PEACE EVEN WHEN LIFE FEELS CRAZY

Set expectations for the moment. Tell your kids: "Today we're celebrating what Christmas is really about—Jesus. Let's take a few minutes to slow down before the rest of the day starts."

SCRIPTURE: "Glory to God in the highest heaven, and peace on earth to those with whom God is pleased." - Luke 2:14 (NLT)

TALK ABOUT IT:

Peace doesn't mean everything is quiet or perfect—it means Jesus is with us, even in the middle of the chaos.

Pre-K: When do you feel peaceful?

K-5th Grade: What makes life feel stressful or

busy sometimes?

PRAYER:

"Jesus, thank You for bringing peace to our hearts and our home. Help us feel Your presence today. Amen."

TAKE ACTION:

Go to <u>www.ChristmasOnTheCouch.com</u> together. Watch Christmas on the Couch as a family and take communion. Feel free to use crackers and juice—what matters most is remembering Jesus.

We pray that you have a merry Christmas today celebrating with the people you love. We can't wait to see you next Sunday!

- The Propel Kids Team

Propel 3